SPICE UP

11

STUDENT'S BOOK

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Her hakkı saklıdır ve Millî Eğitim Bakanlığına aittir. Kitabın metin, soru ve şekilleri kısmen de olsa hiçbir surette alınıp yayımlanamaz.

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İSTİKLÂL MARŞI

Korkma, sönmez bu şafaklarda yüzen al sancak;
Sönmeden yurdumun üstünde tüten en son ocak.
O benim milletimin yıldızıdır, parlayacak;
O benimdir, o benim milletimindir ancak.

Çatma, kurban olayım, çehreni ey nazlı hilâl!
Kahraman ırkıma bir gül! Ne bu şiddet, bu celâl?
Sana olmaz dökülen kanlarımız sonra helâl.
Hakkıdır Hakk'a tapan milletimin istiklâl.

Ben ezelden beridir hür yaşadım, hür yaşarım.
Hangi çılgın bana zincir vuracakmış? Şaşarım!
Kükremiş sel gibiyim, bendimi çiğner, aşarım.
Yırtarım dağları, enginlere sığmam, taşarım.

Garbın âfâkını sarmışsa çelik zırhlı duvar,
Benim iman dolu göğsüm gibi serhaddim var.
Ulusun, korkma! Nasıl böyle bir imanı boğar,
Medeniyyet dediğin tek dişi kalmış canavar?

Arkadaş, yurduma alçakları uğratma sakın;
Siper et gövdeni, dursun bu hayâsızca akın.
Doğacaktır sana va'dettiği günler Hakk'ın;
Kim bilir, belki yarın, belki yarından da yakın.

Bastığın yerleri toprak diyerek geçme, tanı:
Düşün altındaki binlerce kefensiz yatanı.
Sen şehit oğlusun, incitme, yazıktır, atanı:
Verme, dünyaları alsan da bu cennet vatanı.

Kim bu cennet vatanın uğruna olmaz ki feda?
Şüheda fışkıracak toprağı sıksan, şüheda!
Cânı, cânânı, bütün varımı alsın da Huda,
Etmesin tek vatanımdan beni dünyada cüda.

Ruhumun senden İlâhî, şudur ancak emeli:
Değmesin mabedimin göğsüne nâmahrem eli.
Bu ezanlar -ki şehadetleri dinin temeli-
Ebedî yurdumun üstünde benim inlemeli.

O zaman vecd ile bin secde eder -varsa- taşım,
Her cerîhamdan İlâhî, boşanıp kanlı yaşım,
Fışkırır ruh-ı mücerret gibi yerden na'şım;
O zaman yükselerek arşa değer belki başım.

Dalgalan sen de şafaklar gibi ey şanlı hilâl!
Olsun artık dökülen kanlarımın hepsi helâl.
Ebediyyen sana yok, ırkıma yok izmihlâl;
Hakkıdır hür yaşamış bayrağımın hürriyyet;
Hakkıdır Hakk'a tapan milletimin istiklâl!

Mehmet Âkif Ersoy

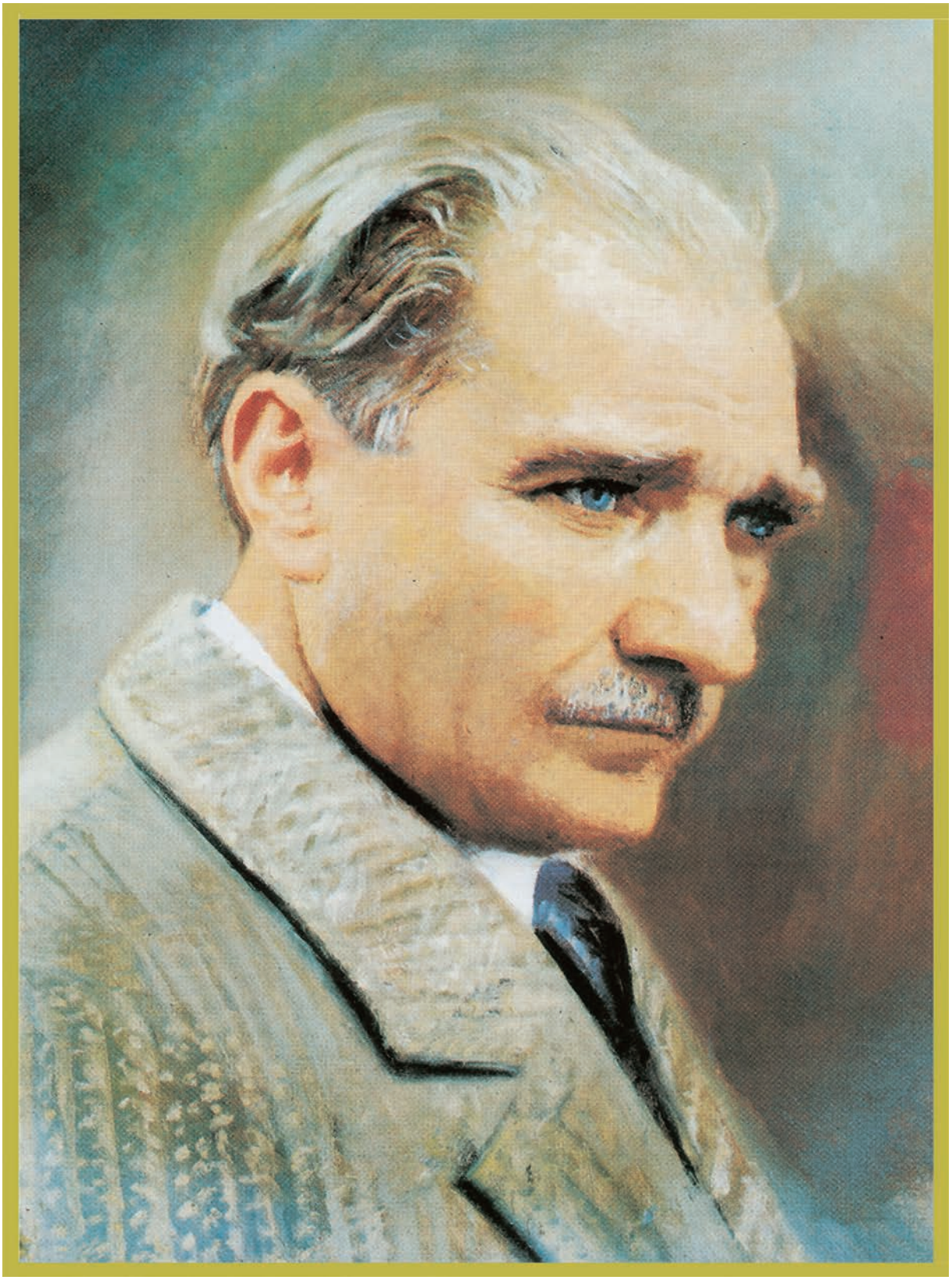
GENÇLİĞE HİTABE

Ey Türk gençliği! Birinci vazifen, Türk istiklâlini, Türk Cumhuriyetini, ilelebet muhafaza ve müdafaa etmektir.

Mevcudiyetinin ve istikbalinin yegâne temeli budur. Bu temel, senin en kıymetli hazinendir. İstikbalde dahi, seni bu hazineden mahrum etmek isteyecek dâhilî ve hâricî bedhahların olacaktır. Bir gün, istiklâl ve cumhuriyeti müdafaa mecburiyetine düşersen, vazifeye atılmak için, içinde bulunacağın vaziyetin imkân ve şeraitini düşünmeyeceksin! Bu imkân ve şerait, çok namüsait bir mahiyette tezahür edebilir. İstiklâl ve cumhuriyetine kastedecek düşmanlar, bütün dünyada emsali görülmemiş bir galibiyetin mümessili olabilirler. Cebren ve hile ile aziz vatanın bütün kaleleri zapt edilmiş, bütün tersanelerine girilmiş, bütün orduları dağıtılmış ve memleketin her köşesi bilfiil işgal edilmiş olabilir. Bütün bu şeraitten daha elîm ve daha vahim olmak üzere, memleketin dâhilinde iktidara sahip olanlar gaflet ve dalâlet ve hattâ hıyanet içinde bulunabilirler. Hattâ bu iktidar sahipleri şahsî menfaatlerini, müstevlîlerin siyasî emelleriyle tevhit edebilirler. Millet, fakr u zaruret içinde harap ve bîtap düşmüş olabilir.

Ey Türk istikbalinin evlâdı! İşte, bu ahval ve şerait içinde dahi vazifen, Türk istiklâl ve cumhuriyetini kurtarmaktır. Muhtaç olduğun kudret, damarlarındaki asil kanda mevcuttur.

Mustafa Kemal Atatürk



MUSTAFA KEMAL ATATÜRK

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Listening & Reading	Speaking & Writing	Pronunciation	CLIL
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• Listening to a conversation about preferences, likes and interests • Listening to a conversation about hobbies • Reading a text on present and past abilities • Reading an application email for a school club	• Talking about preferences, likes and interests • Asking and answering questions about present and past abilities • Filling out an application form • Writing an email to apply for a school club	• Pronunciation of -s endings (in plurals & third person singular)	• ICT
• Listening to a podcast about the life of a homeless person • Reading a text on the hard times of a person • Reading a text describing past habits	• Talking about past habits • Talking about a personal experience in the past • Retelling a story on a challenge • Completing a story • Writing an opinion essay	• Differentiating between rising and falling intonation	• Health
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Theme	Functions	Vocabulary
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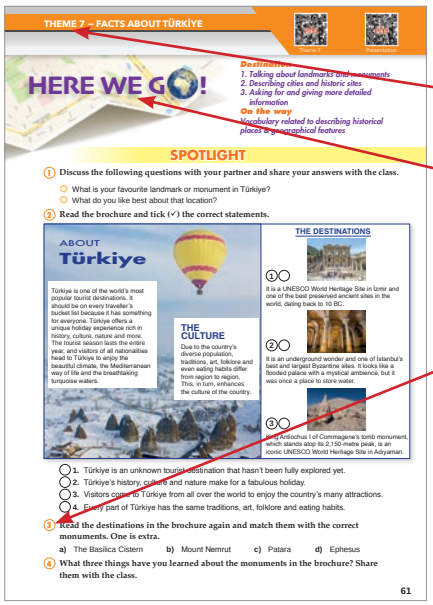
Listening & Reading	Speaking & Writing	Pronunciation	CLIL
• Listening to mini dialogues about a fun mystery • Reading short texts to draw conclusions	• Criticizing actions in the past • Making deductions • Writing a letter of complaint	• Practising the pronunciation of contraction in past modals	• Music
• Listening to a podcast describing a historical site in Türkiye • Reading a guide on historical sites in Türkiye • Reading a blog post on a place to visit in Türkiye	• Giving a presentation on a monument or a historical site • Making an interview about a place they have visited • Writing a blog post to recommend a place in Türkiye	• Practising the pronunciation of /wɒz/ and /wəz/	• Geography
• Listening to a podcast about extreme sports • Reading a digital magazine about extreme sports	• Exchanging opinions about extreme sports • Making an interview with a sportsperson • Reporting ideas, news to a friend • Writing an interview report	• Rising and falling intonation in questions	• PE
• Listening to a radio programme about fundraising events • Reading a newspaper article describing the success of two scientists • Reading a city booklet	• Describing fundraising events • Asking and answering questions to clarify a person • Writing an article for a school magazine • Preparing a city booklet	• Practising the pronunciation of assimilation-elision	• Poetry
• Listening to a talk show and identifying the topic and the main idea • Reading a text and distinguishing the main idea from the supporting details	• Exchanging ideas about values and practices • Making comments about moral values and norms in different cultures • Writing an essay about the effects of values and norms in a society • Writing slogans about spiritual, moral and social values	• Practising the sounds of /iː/ and /aɪ/	• Sociology

STUDENT'S BOOK OVERVIEW


THEME 7 – FACTS ABOUT TÜRKİYE

HERE WE GO!

Destinations
1. Talking about landmarks and monuments
2. Describing cities and historic sites
3. Asking for and giving more detailed information

On the way
Vocabulary related to describing historical places & geographical features

SPOTLIGHT

1 Discuss the following questions with your partner and share your answers with the class.
- What is your favourite landmark or monument in Türkiye?
- What do you like best about that location?

2 Read the brochure and tick (✓) the correct statements.

ABOUT Türkiye

Türkiye is one of the world's most popular tourist destinations. It should be on every traveller's bucket list because it has something for everyone. Türkiye offers a unique holiday experience rich in history, culture, nature and more. The tourist season lasts the entire year, and visitors of all nationalities head to Türkiye to enjoy the beautiful climate, the Mediterranean way of life and the breathtaking turquoise waters.

THE CULTURE

Due to the country's diverse population, traditions, art, folklore and even eating habits differ from region to region. This, in turn, enhances the culture of the country.

THE DESTINATIONS

1 ◯ It is a UNESCO World Heritage Site in İzmir and one of the best preserved ancient sites in the world, dating back to 10 BC.

2 ◯ It is an underground wonder and one of Istanbul's best and largest Byzantine sites. It looks like a flooded palace with a mystical ambience, but it was once a place to store water.

3 ◯ King Antiochus I of Commagene's tomb monument, which stands atop its 2,150-metre peak, is an iconic UNESCO World Heritage Site in Adıyaman.

1. Türkiye is an unknown tourist destination that hasn't been fully explored yet.
2. Türkiye's history, culture and nature make for a fabulous holiday.
3. Visitors come to Türkiye from all over the world to enjoy the country's many attractions.
4. Every part of Türkiye has the same traditions, art, folklore and eating habits.

3 Read the destinations in the brochure again and match them with the correct monuments. One is extra.
a) The Basilica Cistern b) Mount Nemrut c) Patara d) Ephesus

4 What three things have you learned about the monuments in the brochure? Share them with the class.

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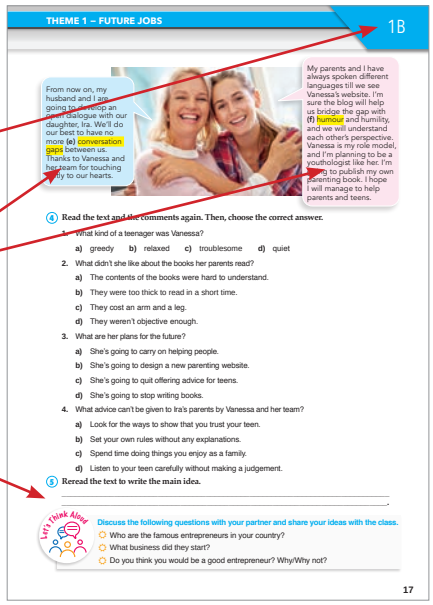
The name and number of the theme are given on the upper left corner of the page.

Functions and vocabulary related to each theme are stated in 'Here We Go' part throughout the book.

Spotlight activities are used to get Ss (students) ready for the theme.

Contents are designed in four modules: A, B, C and D to integrate the main language skills in class activities.


THEME 1 – FUTURE JOBS 1B

From now on, my husband and I are going to develop an open dialogue with our daughter, Ira. We'll do our best to have no more (e) conversation gaps between us. Thanks to Vanessa and her team for touching my heart.

My parents and I have always spoken different languages till we see Vanessa's website. I'm sure the blog will help us bridge the gap with (f) humour and humility, and we will understand each other's perspective. Vanessa is my role model, and I'm planning to be a youthologist like her. I'm going to publish my own parenting book. I hope I will manage to help parents and teens.

4 Read the text and the comments again. Then, choose the correct answer.
1. What kind of a teenager was Vanessa?
a) greedy b) relaxed c) troublesome d) quiet
2. What didn't she like about the books her parents read?
a) The contents of the books were hard to understand.
b) They were too thick to read in a short time.
c) They cost an arm and a leg.
d) They weren't objective enough.
3. What are her plans for the future?
a) She's going to carry on helping people.
b) She's going to design a new parenting website.
c) She's going to quit offering advice for teens.
d) She's going to stop writing books.
4. What advice can't be given to Ira's parents by Vanessa and her team?
a) Look for the ways to show that you trust your teen.
b) Set your own rules without any explanations.
c) Spend time doing things you enjoy as a family.
d) Listen to your teen carefully without making a judgement.

5 Reread the text to write the main idea.

Let's Think Aloud
Discuss the following questions with your partner and share your ideas with the class.
- Who are the famous entrepreneurs in your country?
- What business did they start?
- Do you think you would be a good entrepreneur? Why/Why not?

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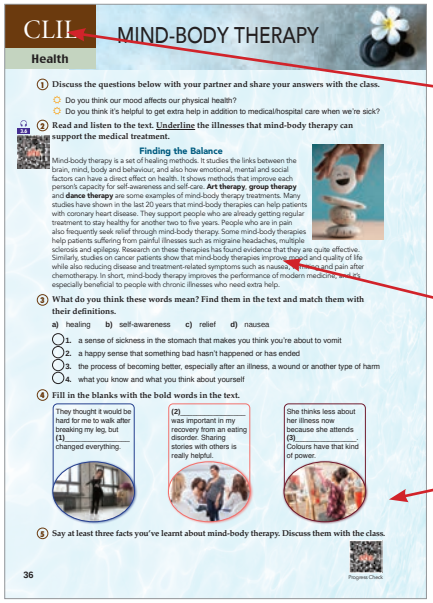
Authentic and up to date reading texts are widely used to raise Ss' interests.

To initiate a class talk, various questions are available in 'Let's Think Aloud' part throughout the book.


CLIL MIND-BODY THERAPY
Health

1 Discuss the questions below with your partner and share your answers with the class.
- Do you think our mood affects our physical health?
- Do you think it's helpful to get extra help in addition to medical/hospital care when we're sick?

2 Read and listen to the text. Underline the illnesses that mind-body therapy can support the medical treatment.

Finding the Balance

Mind-body therapy is a set of healing methods. It studies the links between the brain, mind, body and behaviour, and also how emotional, mental and social factors can have a direct effect on health. It shows methods that improve each person's capacity for self-awareness and self-care. **Art therapy**, **group therapy** and **dance therapy** are some examples of mind-body therapy treatments. Many studies have shown in the last 20 years that mind-body therapies can help patients with coronary heart disease. They support people who are already getting regular treatment to stay healthy for another two to five years. People who are in pain also frequently seek relief through mind-body therapy. Some mind-body therapies help patients suffering from painful illnesses such as migraine headaches, multiple sclerosis and epilepsy. Research on these therapies has found evidence that they are quite effective. Similarly, studies on cancer patients show that mind-body therapies improve mood and quality of life while also reducing disease and treatment-related symptoms such as nausea, stress and pain after chemotherapy. In short, mind-body therapy improves the performance of modern medicine and is especially beneficial to people with chronic illnesses who need extra help.

3 What do you think these words mean? Find them in the text and match them with their definitions.
a) healing b) self-awareness c) relief d) nausea
1. a sense of sickness in the stomach that makes you think you're about to vomit
2. a happy sense that something bad hasn't happened or has ended
3. the process of becoming better, especially after an illness, a wound or another type of harm
4. what you know and what you think about yourself

4 Fill in the blanks with the bold words in the text.
They thought it would be hard for me to walk after breaking my leg, but (1) _____ changed everything.
(2) _____ was important in my recovery from an eating disorder. Sharing stories with others is really helpful.
She thinks less about her illness now because she attends (3) _____. Colours have that kind of power.

5 Say at least three facts you've learnt about mind-body therapy. Discuss them with the class.

Progress Check

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"Content and Language Integrated Learning" enables Ss to focus on multiple subjects, including science, history, and geography, through a variety of activities.

Interesting topics provide a new depth to the class and encourage Ss to get the most out of the subject by learning the terminology.

A variety of visuals are used to make the contents more appealing.

1.1 This icon is used for listening activities.

eba This code is used for various activities throughout the book.

Theme 1 Presentation

HERE WE GO!

Destination

1. Making plans and predictions
2. Making an appointment on the phone
3. Writing a letter of intent for a job ad

On the way

Vocabulary related to careers & workday activities

SPOTLIGHT

1 **Look at the headlines. Discuss which ones are likely/not likely to happen in the future.**

1 No more wars. World peace achieved

2 Japanese, the universal language

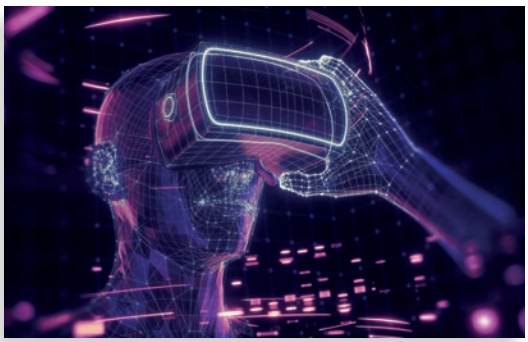
3 All continents combined into single landmass

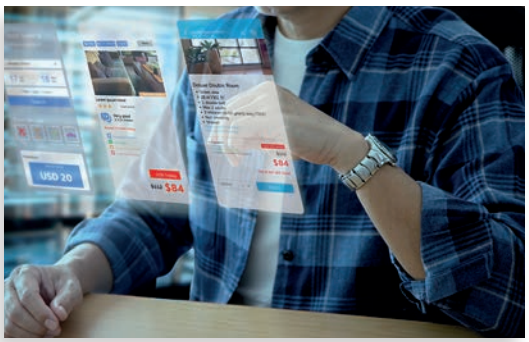
4 Robots' age: no need for human touch

5 Borders disappeared

6 A new ice age occurred

2 **Look at the photos and say what you see.**





3 **Read the paragraph. Guess and match the highlighted jobs with their definitions.**

Almost 85% of the jobs that today's children will work in the future haven't been invented yet. What jobs will they be? These occupations will be produced by modern technologies like cryptocurrencies, drones, and alternative energy sources. **(a)** Drone traffic optimizer, **(b)** human-machine teaming manager, **(c)** biofilm installer, **(d)** waste engineer and **(e)** UX designer are some of the jobs we can't even imagine right now.

- ◯ **1.** a person who develops an interaction system between humans and machines
- ◯ **2.** a person who makes a product or service enjoyable and accessible
- ◯ **3.** a person who monitors flight paths to prevent chaos
- ◯ **4.** a person who constructs smart and energy-efficient buildings
- ◯ **5.** a person who coordinates waste collection and recycling operations

4 **Work in groups. Make five predictions about future jobs and share them in the class.**

E.g. Waste engineering will be popular as we need renewable energy to protect the environment.

1 **Read the dialogue and find out Lata's request from Eric. Share your ideas.**

Lata: Hi, Eric. Guess what? I'm going to be on *Your Career, Your Future* programme tonight to talk about my hands-on experiences as an intern. Don't miss it!
Eric: Wow, so proud of you! You've got all the courses in culinary arts **(1) under your belt.** One day, you'll be a very famous chef, Lata.
Lata: I hope so, Eric. Thank you. I'll text you the details of the programme in a minute, and you are listening to me tonight, right?
Eric: For sure! I will be there **(2) all ears** for you although cooking is **(3)** not **my cup of tea**.
Lata: Thank you, my dear.

2 **Match the numbered idioms in the dialogue with their definitions. One is extra.**

◯ **a)** to listen carefully
◯ **b)** to study regularly
◯ **c)** safely or successfully achieved
◯ **d)** something that someone likes or is good at

3 **Read the dialogue again and choose the correct option.**

1. Culinary art is _____.
   a) related to fine arts
   b) connected with cooking and kitchens
2. Hands-on experience is _____.
   a) learning from practising something
   b) something that is done by machine
3. An intern is _____.
   a) an environmental volunteer who educates others
   b) a student or a trainee who works to gain work experience

4 **Listen to Lata's interview and tick (✓) the correct option.**

1.1

	YES	NO
1. Lata is a new culinary school graduate.	◯	◯
2. She is the youngest intern in the kitchen.	◯	◯
3. She felt more confident after her six-month internship in Mumbai.	◯	◯
4. The restaurant pays a salary for the work Lata does.	◯	◯
5. She finds molecular techniques unnecessary.	◯	◯
6. She is going to do further studies in professional modernist kitchens.	◯	◯

1.2

5 **Listen to the interview again. Fill in the gaps with a word or phrase you hear.**

1. Lata applied to Loma Restaurant to gain some _____.
2. Her passion for cooking comes from _____.
3. After a series of _____, she got selected for the three-month internship at Loma Restaurant.
4. Travelling from _____ to _____ made Lata feel nervous in the beginning.
5. All the interns start at _____ and work till _____.
6. After gaining enough experience, she will come back to _____.

6 **Look at the statements and say which one is a prediction, a promise, a plan or an offer.**

1. I'm going to study molecular cuisine next summer.
2. Look at you! One day, you'll be a very famous chef.
3. Of course! I'll listen to your interview tonight.
4. I'll help you with the new techniques in cooking.

7 **a) Talk about your future self using the phrases below.**

study culinary arts | attend an art course
get married | live alone
have pets | have three children
be a famous person | live an ordinary life
be a millionaire | be broke
get a degree at university | get a medal in the Olympics

b) Now, make predictions about your partner's life. What will/won't s/he do in the future?

TOUCHING SOFTLY TO HEARTS

1 **Look at the pictures of famous entrepreneurs. What do you know about them? Share your ideas.**

a) Steve Jobs/Inventor

b) Vanessa Van Petten/Youthologist

c) Elon Musk/Material Engineer

2 **Guess and tick (✓) the common qualities of these successful people. Share your ideas.**

- ◯ risk-taking
- ◯ planning
- ◯ team building
- ◯ passion
- ◯ empathy
- ◯ curiosity
- ◯ creativity
- ◯ self-confidence
- ◯ strong communication skills

3 **Read the text and the comments. Then, match the highlighted expressions with their meanings.**

- ◯ **1.** to do something yourself
- ◯ **2.** lack of communication
- ◯ **3.** being amusing or comic
- ◯ **4.** to be in trouble
- ◯ **5.** being told by another person
- ◯ **6.** not to be allowed to do some acts

Learn Parenting with Vanessa

Born and raised in Los Angeles, Vanessa Van Petten **(a)** got into deep water so often that her parents began reading parenting advice books. During one of her frequent **(b)** groundings, Vanessa glanced through several books and spotted a big problem. The books were written by adults with no input from teenagers. At that moment, she decided to **(c)** take matters into her own hands. "I promise I'll solve this problem," she said to herself. At the age of 17, she wrote her first parenting book from a teenager's perspective. After winning the Mom's Choice Award in 2009, she started her well-known website. There, Van Petten's 120 bloggers answer questions on everything from communication issues to cyberbullying for parents and teenagers. "We offer advice that really works well. Parents spread our unusual and sometimes controversial articles **(d)** by word of mouth. This is actually what we aim for. Our brand is not only interesting but also life-changing," said Vanessa in one of her interviews. "We're going to keep on helping you. We're going to get over the problems and be strong together with our teens in the future," she added.

From now on, my husband and I are going to develop an open dialogue with our daughter, Ira. We'll do our best to have no more **(e)** conversation gaps between us. Thanks to Vanessa and her team for touching softly to our hearts.

My parents and I have always spoken different languages till we see Vanessa's website. I'm sure the blog will help us bridge the gap with **(f)** humour and humility, and we will understand each other's perspective. Vanessa is my role model, and I'm planning to be a youthologist like her. I'm going to publish my own parenting book. I hope I will manage to help parents and teens.

4 **Read the text and the comments again. Then, choose the correct answer.**

1. What kind of a teenager was Vanessa?
   a) greedy **b)** relaxed **c)** troublesome **d)** quiet
2. What didn't she like about the books her parents read?
   a) The contents of the books were hard to understand.
   b) They were too thick to read in a short time.
   c) They cost an arm and a leg.
   d) They weren't objective enough.
3. What are her plans for the future?
   a) She's going to carry on helping people.
   b) She's going to design a new parenting website.
   c) She's going to quit offering advice for teens.
   d) She's going to stop writing books.
4. What advice can't be given to Ira's parents by Vanessa and her team?
   a) Look for the ways to show that you trust your teen.
   b) Set your own rules without any explanations.
   c) Spend time doing things you enjoy as a family.
   d) Listen to your teen carefully without making a judgement.

5 **Reread the text to write the main idea.**

_____

_____.

Discuss the following questions with your partner and share your ideas with the class.

- Who are the famous entrepreneurs in your country?
- What business did they start?
- Do you think you would be a good entrepreneur? Why/Why not?

SET THE APPOINTMENT, GET THE DEAL

1 Look at the steps to make an appointment and match them with the following statements.

1. Introduce oneself **2.** Reason for calling **3.** Ask for more information **4.** Suggest a time **5.** Check and confirm

2 **a)** May I speak to Jonathan Norris, please?
b) Can you tell me what it's about?
c) Hello, Alison Harvey speaking.
d) OK, let me take a look at his diary.
e) I'd like to schedule an interview at our office.
f) Would you mind if I asked what it's regarding?
g) I can fit you in tomorrow.
5 **h)** So, that's Wednesday at 10:00 a.m.
i) Would Tuesday morning be convenient for you?
j) It is about the advertising campaign.
k) OK, thanks! See you on Friday at 2:00 p.m.

1.3 **2** Listen to the phone call to make an appointment. Note down the required info on the agenda.

Name of the caller: _____
Reason for calling: _____
Date & Time of the appointment: _____

3 Work in pairs. Make a phone call to set a time to see the human resources manager of a big company for your internship.

PRONUNCIATION MATTERS

1.4 **A.** The full forms of the auxiliary verbs *am, is, are* and *will* are often reduced in connected speech. Listen and repeat.

1.	I will /wɪl/ come.	I'll /l/ come.
2.	I am /æm/ going to be there.	I'm /m/ going to be there.
3.	He is /ɪz/ going to sing.	He's /z/ going to sing.
4.	They are /ɑ:/ going to fly.	They're /ə/ going to fly.

1.5 **B.** Listen to the statements with the auxiliaries. Tick (✓) whether you hear reduced or full forms.

1.	☐ /wɪl/	☐ /l/		**4.**	☐ /æm/	☐ /m/	
2.	☐ /ɪz/	☐ /z/		**5.**	☐ /ɑ:/	☐ /ə/	
3.	☐ /wɪl/	☐ /l/		**6.**	☐ /ɪz/	☐ /z/	

1.6 **C.** /t/ sound is not released in *won't, isn't* or *aren't* in connected speech. Listen and repeat.

1. She won't /wəʊn/ attend the seminar.
2. We aren't /ɑ:n/ going to work there.
3. He isn't /ɪzn/ going to come.

1.7 **D.** Listen to the negative statements with the auxiliaries. Tick (✓) the reduced or full forms you hear.

1.	☐ /wəʊnt/	☐ /wəʊn/		**3.**	☐ /ɪznt/	☐ /ɪzn/	
2.	☐ /wəʊnt/	☐ /wəʊn/		**4.**	☐ /ɑ:nt/	☐ /ɑ:n/	

1 **Read the job ads and match them with the CV and the letter of intent below. One job ad is extra.**

a

WE'RE HIRING!
Our centre is looking for a licensed dietician and nutritionist to join our team. We're seeking a patient-focused professional who can connect with clients and help them to achieve their health goals. 3 years of experience is required.
Send your CV to ddclinic@ymail.com

b

JOB VACANCY!
Our centre is currently seeking skilled estheticians. You will be responsible for informing our clients about new innovative products and programmes to promote health. Minimum 2 years of experience and a reference are required.
Send your CV to ehaaclinic@ymail.com

c

JOIN OUR TEAM!
Our centre offers a family-friendly environment with the latest technology and knowledgeable staff. Our medical centre will provide an excellent experience and golden opportunities for physicians to improve their skills and career. We will consider new graduates!
Send your CV to fbemedcenter@ymail.com

1 ◯

LEO TAREK

847 Overland Ave.

Chicago, IL 60333

Mobile: 090 149 2018

Email: leotarek@email.com

PROFILE

Dedicated, multilingual physician with a shining academic background, including a full scholarship through undergraduate and medical school

EDUCATION

- Master of Physician Assistant Studies, University of Minnesota, Medical School 2019-2021
- Bachelor of Science, University of Minnesota 2015-2019

EXPERIENCE

- Newlife Hospital/2022 January-Present/Physician

SKILLS

- Stress and time management
- Diabetic lifestyle planning

HOBBIES

- Frequent participation in yoga and mindfulness classes for increased wellness
- Photography

REFERENCES

- References available upon request

2 ◯

Mr Kurt Dennis
Hiring Manager
33 New Wales Road
San Jose, CA 22500

Mila Chris
9th Street San Diego, CA 44110

January 15, 2022

1 ◯ Dear Mr Dennis,

2 ◯ My name is Mila Chris. I'm a recent college graduate from the University of Bologna with a food science and nutrition degree. As a patient-focused nutritionist, I would like to inquire about any potential job openings at your clinic. I am confident that my qualifications will be very beneficial to your clinic. Please consider my request for employment on your team.

3 ◯ In my free time, I earn income as a nutritionist for several health and nutrition blogs. In order to serve my clients properly, I always try to further my knowledge by attending conferences and seminars. Furthermore, I keep up with new publications to learn more about using diets.

4 ◯ I strongly believe that my communication skills and interpersonal abilities would make me a strong fit for your clinic. I look forward to hearing your favourable response to discuss my qualifications and skills.

Thank you for your time and consideration.

5 ◯ Sincerely,

Mila Chris

milachris@email.com
444-150-2018

2 **a) Match the parts of Mila's letter of intent above with the parts of the outline in the appendix on page 93.**

b) Choose one of the job ads on pages 93-94 to write a letter of intent following the outline given.

CLIL

Psychology

DEAR FUTURE I AM READY!

1 **What are you doing today to make your future self proud?**

2 **Complete the notes with the sentences below. One is extra.**

a) Keep studying until you become a world-renowned molecular biologist

b) Remember you are going to be one of the most famous cellists of all time

c) Don't forget what it means to be a best-selling author

1

Dear Self,
Clearly, life isn't all sunshine and rainbows. There will be days when smiling is really hard as your heart hurts and your mind is tired. Please put on your brave face and fight with your problems. Look at the bright side of the hard times. Even a little change of perspective makes a big difference. **(1)**_____. Keep practising and focus your energy on the path that leads to your music career dream.
Love, Me

2

Dear Future Me,
Never be afraid to fail. How we live our lives and see the world around us is totally our decision. **(2)**_____. Remember your "why". Keep in mind the reason for doing what you do and how it benefits the people around the world. Never give up learning and chasing your target. You are gonna create economical vaccines against deadly diseases. Keep going!
Sincerely,
Me, Myself & I

3 **Read the text and give two reasons why you should write notes or letters to your future self.**

Have you ever written a note or a letter to your future self before? If your answer is "no", grab a pen, begin to write a message to your future self, keep it in a safe spot, and then open it at a future date. Writing notes to your future self is a powerful exercise and a really insightful experience. Reading your note two years or five years from now lets you see how your life has changed since you wrote it. Researchers have found that people who are connected to their future selves are better able to shape their future. If you think about your future goals, you can decide the actions you should take right now. For instance, if your future self is a metaverse architect, what can you do right now to achieve that goal? You could start looking at potential university degrees, and you should get good enough grades to get in. What you are writing to your future self gives important tips and reminders so that you can shape yourself better. Before writing your messages, ask yourself some important questions. Who do you want to be in the future? What experiences have you had so far? How will these experiences shape your future self? These questions provide a pathway to lead to a better you!

4 **Imagine you are writing to your future self five years from now. What would you say? Write a note to give your future self some encouragement and love.**

Progress Check

Theme 2 Presentation

HERE WE GO!

Destination
1. Expressing likes, dislikes and interests
2. Expressing preferences
3. Talking about present and past abilities
On the way
Vocabulary related to hobbies, skills & interests

SPOTLIGHT

1 a) **Look at the hobbies below. Find their names in the word cloud and write them under the photos.**

b) **Which of the hobbies in the word cloud would you like to try? Share your answers with the class.**

2 a) **Look at the questionnaire and tick (✓) the best option for you.**

Questionnaire	Agree	Uncertain	Disagree
1. Some people have no skills at all.			
2. Parents must choose hobbies for their children.			
3. Indoor activities are better than outdoor activities.			
4. Hobbies make people's lives more interesting.			
5. You can learn a new skill at any age.			
6. If you could do something well, it's likely that you are still good at it.			
7. Your hobbies can tell a lot about who you are.			
8. If you are unable to learn a skill as a child, you will never be able to master it.			

b) **Now, share your answers with the class. Give reasons.**

HOBBIES TO ENRICH MIND

1 **Match the hobbies with the statements. One is extra.**

origami

upcycling

embroidery

volunteering

podcasting

calligraphy

coding

indoor gardening

1. I enjoy using a needle and cotton thread to create colourful designs on fabric.
2. I've always been interested in decorative handwriting.
3. I can spend hours transforming my old stuff into new items.
4. Helping people without any expectation has brought peace and happiness into my life.
5. Folding paper into different shapes is my favourite pastime.
6. I'm crazy about writing computer programs because it's like solving a puzzle.
7. I prefer making digital recordings on a specific topic to making videos.

2 **Guess the meaning of the underlined words in the sentences and choose the correct option.**

1. Coding is a popular pastime among young people who are crazy about computers.
   a) hobby **b)** duty **c)** chore
2. Lucy is a young talented artist whose paintings have gone viral on social media.
   a) ordinary **b)** skilful **c)** amateur
3. Kobe Bryant decided to take up basketball as a career after watching his father play in the NBA.
   a) give up **b)** start **c)** teach
4. The young couple didn't want to spend a fortune on their wedding ceremony, so they kept it low-key.
   a) unusual **b)** special **c)** simple
5. My father easily adapted to his new way of life after retirement.
   a) lifestyle **b)** midlife **c)** lifetime

3 **Work in pairs. Ask and answer the following questions. Then, share your partner's answers with the class.**

- Do you prefer outdoor or indoor hobbies? Why?
- Do you think you can have more than one hobby? Why/Why not?
- What are the benefits of having a hobby?

4 Listen to the podcast. Write *Marc*, *Zoe* or *Lina* under the photos.

2.1

_____ _____ _____

_____ _____ _____

5 Listen to the podcast again and choose the correct option.

2.2

1. Marc upcycled old products to ... .
   - **a)** design new clothes
   - **b)** reduce waste
   - **c)** do volunteer work
2. Zoe has always been into … .
   - **a)** creating handmade products
   - **b)** going to exhibitions
   - **c)** doing meditation to relax
3. For Lina, having different types of hobbies … .
   - **a)** takes a lot of time
   - **b)** has become a lifestyle
   - **c)** is a way to get rich
4. The host thinks that his guests ... .
   - **a)** can learn new skills easily
   - **b)** should turn their hobbies into a career
   - **c)** have many abilities

6 Listen to the dialogue and fill in the blanks with the words or phrases you hear.

2.3

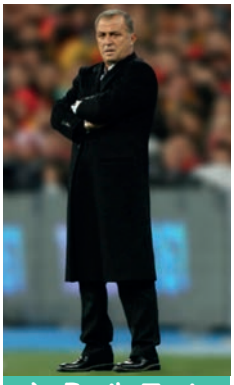
Zara: Hey, Wilson. What are you doing here?
Wilson: I'm preparing some mud. **(1)**_____ is my new hobby. I love making new vases, bowls and plates. It helps me get rid of the stress of work.
Zara: How do you make time for it? I thought you were too busy.
Wilson: Well, I'm trying to spend more time on leisure activities. It's so relaxing, you know. Do you **(2)**_____?
Zara: Of course, I do. I prefer spending time outdoors, and I usually go hiking in the nearby hills. I enjoy **(3)**_____ in the fresh air.
Wilson: It must be challenging, too. Do you **(4)**_____ alone or with someone?
Zara: **(5)**_____ hike with a group, so I'm a member of a local hiking club. You can join us if you like.
Wilson: I'd love that. **(6)**_____ paint these bowls while I'm making the new ones?
Zara: Oh, I've always wanted to do that. Now, pottery is my new hobby!

7 Work in pairs. Prepare a dialogue about your likes, dislikes and preferences. Then, act it out.

1 **Match the photos with the profiles below.**

a) Jim Carrey

b) Vera Wang



c) Fatih Terim

1 ◯	I had a hard life as a child but I did not give up my passion for football. I became a very successful football player and coach.
2 ◯	I struggled with dyslexia at school. However, I discovered that I could connect with people through laughter and humour. I worked so hard to become a famous comedian.
3 ◯	Even though I was a talented figure skater in my early 20s, I couldn't realise my dreams in this career. However, I was able to improve as a fashion designer. I started my own business and created items mostly in my favourite colour, black.

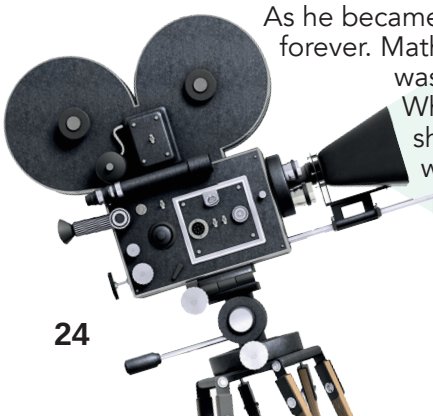
2 **Guess the meaning of the highlighted words in the text and choose the correct option.**

1. uphill struggle
   a) rest **b)** challenge
2. beyond
   a) out of reach **b)** within reach
3. gifted
   a) talented **b)** incapable
4. cash in on
   a) spend money for **b)** make money from
5. letdown
   a) disappointment **b)** satisfaction
6. pursuing
   a) quitting **b)** following

3 **Read the text and underline the sentences which mention Steven Spielberg's past abilities.**

The Whizz-Kid: Steven Spielberg

When Steven was a little boy, his school life was an uphill struggle. Due to his dyslexia, he was notably slow when it came to reading and writing. Compared to his peers, he was an introverted and quiet kid. In his free time, he preferred to watch TV alone rather than hang out with friends.



As he became a teenager, Steven discovered a pastime that would change his life forever. Maths and long articles were beyond him, but he could make movies. He was gifted in recording motion pictures and creating stories with them. What he liked most was spending time with filming tools. He could shoot 8mm short films with his father's camera. Making short films and winning a prestigious filmmaking award at the age of 13 were actual proofs of his brilliance. He could also cash in on his filming talents at an early age. Often, he screened his films in a local diner with a film projector, charging 25 cents per person.

4 **Rewrite the following statements using the words in brackets without changing the meaning.**

1. In his free time, he preferred to watch TV alone rather than hang out with friends. (fancy)

   _____.

2. What he liked most was spending time with filming tools. (keen on)

   _____.

3. He preferred pursuing his dreams to giving up. (choose)

   _____.

5 **Read the text again and write true (T) or false (F).**

◯ **1.** Steven's learning issues had no effect on his academic success.
◯ **2.** Learning how to use a camera has entirely changed his life.
◯ **3.** He released his movies in a restaurant and earned money.
◯ **4.** He didn't have a big success in filming until he was 19.
◯ **5.** As he wasn't accepted to university, he started working right away.
◯ **6.** His poor living conditions prevented Steven's success.

6 **Do you know any other person who has turned his/her hobby into a profession and become famous? Share your answers with the class.**

Just three years after winning his first award, he wrote and directed his first feature-length film, *Firelight*. By the age of 17, he had four movies. Today, Steven says remembering those days, "I found a way to accept myself in my own life by making movies. I found that I could do something well."

After high school, he wanted to study filmmaking. He applied to the University of Southern California, School of Theatre, where his application was rejected twice. This rejection was never a letdown for Steven. He preferred pursuing his dreams to giving up. He soon began working as an unpaid intern at film studios and continued to make films throughout his career. Among his many best-known films are *Jaws*, *Indiana Jones*, *Jurassic Park*. His alien film, *E.T.*, was regarded as one of the greatest movies ever made.

Eventually, Steven Spielberg, who experienced difficulties in his school life, has become one of the most unique film directors of all time.

1 **Which sports are you into? Do you prefer working out in the gym or outdoors? Share your answers with the class.**

2 **Read the dialogue below and tick (✓) the correct statements.**

Jason: Hey, Emily. What a nice surprise to see you in the gym!
Emily: Ha-ha! Do you mean I can't do any sports?
Jason: No, not at all. I sometimes see you on the tennis court, but I wasn't expecting to see you here doing weightlifting.
Emily: Well, actually I used to be a couch potato. One day, I got roller skates for my 15th birthday. Since then, I've become a sports fan. By the way, how about attending the tennis tournament together?
Jason: OK. Why not? By the way, I saw your name on the poster for the school concert. Can you play musical instruments, too?
Emily: Yes. I started playing the piano when I was six. I could also play the guitar when I was in primary school.
Jason: Wow, that's amazing! I'm interested in music, too. I've been taking drum lessons since last month.
Emily: Sounds great!

- ◯ **1.** Emily is unable to join in any sporting activities.
- ◯ **2.** Jason is a tennis player who can compete in the school tournament.
- ◯ **3.** Emily was a brilliant guitar player when she was a little girl.
- ◯ **4.** Jason couldn't play the drums until this year.

3 **Work in pairs and prepare a dialogue. Talk about your past and present abilities as in exercise 2.**

Let's Think Aloud

Do you agree/disagree with the following statements? Share your ideas with the class.

- No one is really happy without a hobby.
- You can only master a skill if you have a natural talent for it.
- People who share their hobbies with their loved ones are happier.

PRONUNCIATION MATTERS

A. **Listen and tick (✓) the correct pronunciation.**

2.4

	/s/	/z/	/ɪz/
1. Make some **changes** in your life.			
2. A group of **students** are waiting.			
3. These are the **photos** of my son.			
4. She **takes** up a new hobby every year.			
5. Sue **watches** her diet to keep fit.			
6. Mike **prefers** outdoor sports.			

B. **Listen and write the words in the correct column. Then, listen again and repeat.**

2.5

calls	cups	crashes	fixes	times	months	glasses	laughs	bags

/s/	/z/	/ɪz/

1 **Read the email below and fill in the application form.**

www.mail.bhs

Hello,

My name is Ryan Bready, and I'm a new 11th grader at Belfast High School. I saw the school club posters on the noticeboard and decided to apply for the drama club.

I'm quite active and friendly. Acting is my biggest field of interest, and I've attended the drama club at my previous school for the last five years. I'm interested in theatre, especially musicals. I like dancing a lot, and I can do it pretty well. I'm also able to sing. After school, I take singing and modern dance lessons once a week. I'd really love to be a member of the school's drama club.

I look forward to hearing from you.
Regards,
Ryan

Belfast High School Clubs Application Form	
Name & Surname	
Grade	
Applying for	
Personality	
Interests	
Abilities	

2 **a) Fill in the application form for yourself.**

_____ High School Clubs Application Form	
Name & Surname	
Grade	
Applying for	
Personality	
Interests	
Abilities	

b) Now, write an email for applying to a school club using the information in exercise 2 a.

New message

SEND

CLIL

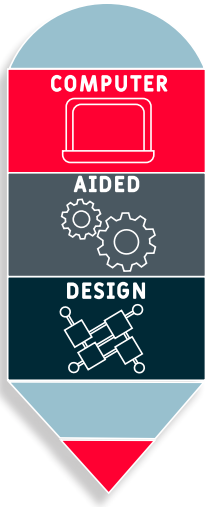
ICT

CAD
Computer-Aided Design

1 **Work in pairs. Tick (✓) the creative tech hobbies you know and talk about them with your friend.**

◯ Digital art	◯ Programming	◯ CAD	◯ Website design
◯ Animation	◯ 3D printing	◯ Coding	◯ Digital music production

2 **Read the text and choose the correct option below for each gap.**



CAD, or Computer-Aided Design, is the process of designing a product or structure using a computer and special **(1)**_____. Before CAD, there were only pencils and paper. In other words, all design work was done by hand. Designs took a long time to develop, and the process was expensive and **(2)**_____ errors.

Anything created on a computer must work properly in the real world. Before presenting your design in real life, CAD lets you test and change it as many times as you want in a **(3)**_____ reality. With CAD, you can easily share, review and **(4)**_____ your designs. While it is **(5)**_____ knowledge that CAD is used in engineering and construction, it is also used in automotive, interior design, dentistry, fashion design and medicine. In fact, most of the products we see and use are designed using CAD.

Today, many teenagers enjoy CAD as a pastime or attend CAD clubs at their schools. They learn basic to **(6)**_____ knowledge of computer-aided design and follow the courses for using the technical design tools.

1.	**a)** data	**b)** report	**c)** software
2.	**a)** without	**b)** short of	**c)** full of
3.	**a)** digital	**b)** physical	**c)** actual
4.	**a)** remain	**b)** modify	**c)** cut
5.	**a)** common	**b)** rare	**c)** different
6.	**a)** simple	**b)** elementary	**c)** advanced

3 **Match the fields in which CAD is used with the photos below. One is extra.**

a) fashion design	**b)** automotive	**c)** interior design	**d)** farming	**e)** medicine

4 **What four things have you learned about CAD? Share them with the class.**

Progress Check

Theme 3 Presentation

HERE WE GO!

Destination

1. Describing events happening at the same time in the past

2. Explaining people's habits in the past

On the way

Vocabulary related to past habits & experiences

SPOTLIGHT

1 **Read the paragraph and tick (✓) the correct statements.**

There may be times in your life when you have to deal with difficult situations. During those times, everything you try seems to fail, and you feel like your life is getting worse. This is very sad. Having a positive attitude is truly necessary in these hard times. It helps you stay hopeful and avoid anxiety. When you stay positive, it's easier to deal with problems and find ways to change the situation.

- ◯ **1.** You can sometimes feel hopeless, and it's OK.
- ◯ **2.** Being positive doesn't solve anything.
- ◯ **3.** The way you think affects your life.
- ◯ **4.** You can't be hopeful when your life is falling apart.

2 **a) Read the following statements about staying positive and strong during hard times. Match them with their explanations. One is extra.**

- ◯ **1.** Even bad times come to an end.
- ◯ **2.** You've faced difficulties before.
- ◯ **3.** You have many personal strengths.
- ◯ **4.** Experiences teach you valuable lessons.
- ◯ **5.** There are many reasons to be thankful.

a) Well, things aren't going so well for you. That isn't great, but there are still many things in life to be thankful for.

b) Life is best learned from experience. When things don't go as planned, try to understand the reason.

c) Nothing lasts forever. It doesn't matter how good or bad it is; it will pass.

d) Remember the similar problems you've had. This can make you feel better.

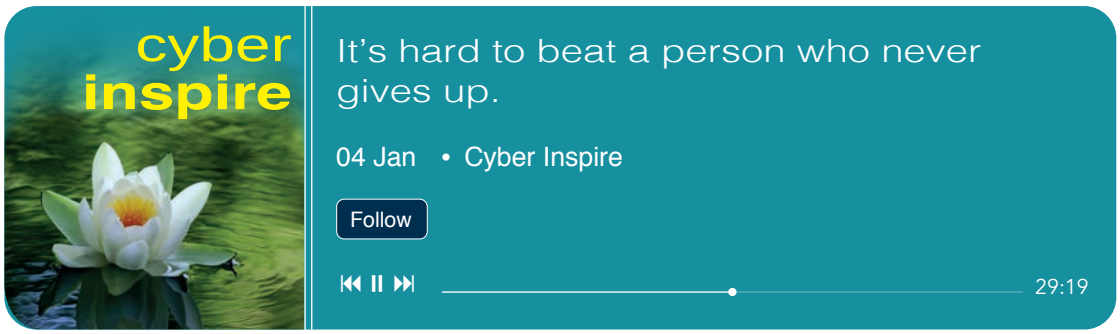
b) Do you agree with the ideas given in the explanations? Share your opinions with the class.

1 **Look at the photos. Work in pairs and discuss the following questions below. Then, share your ideas with the class.**

- Do you know what services are offered for the homeless?
- What can you do to help the homeless?

3.1

2 **Listen to the podcast and fill in the blanks with the expressions below.**



Later	Soon after	To begin with	After all	Then

1. _____, her father passed away.
2. _____, they moved away to be closer to their relatives.
3. _____, they were unable to stay with their relatives anymore.
4. _____, they moved to different locations.
5. _____, she had to change schools and locations for a while.

3 **Match the words with the correct definitions. One is extra.**

1. youth
2. senior
3. shelter
4. scholar

a) the state of moving from one place to another
b) a temporary place to live for homeless people
c) fourth or final year student of a college or high school
d) a student who is given support to study at a university
e) young people considered as a group

3.2 **4** **Listen to the podcast again and match the sentence halves.**

1. Our father died
2. My mum had to work for long hours
3. When mum found out she was diabetic,
4. While I was looking for support for my education,
5. I also became the leader of the homeless children

a) while my sister was babysitting me.
b) while I was coordinating the Youth Task Force.
c) when I was three.
d) I was in 4th grade.
e) I met the Homeless Education Assistance Act.

Let's Think Aloud

Work in groups. Discuss the following questions with your friends.

- What does "hard times" mean to you?
- Which situations can be considered as hard times in a person's life?

PRONUNCIATION MATTERS

3.3 **A. 1. We use fall-rise intonation at the end of statements when we are unsure or have more to say. Listen and repeat.**

1. I don't want to do anything right now. (I can change my mind.)
2. It rained every day in the first week. (Later, it got better.)

3.4 **2. We also use fall-rise intonation in polite requests and suggestions. Listen and repeat.**

1. Could I possibly use your phone?
2. Have you considered other options?

3.5 **B. Listen to the sentences and draw a rising, falling or fall-rise arrow on the bold words.**

1. Here's the book you **wanted**.
2. The first chapter of the book was **boring**.
3. Is she a helpful p**erson**?
4. Would you like another **coffee**?

AN UPHILL CLIMB

1 **Work in pairs and describe the photo below.**

2 **Guess the meaning of the bold words in the sentences and choose the correct option.**

1. Millions of people **immigrated** to the new world for better living conditions.
   a) to visit for a short time **b)** to arrive at somewhere **c)** to enter a country permanently
2. The boat was kept stable after everything was **tossed** into the sea.
   a) to keep **b)** to throw **c)** to catch
3. As it was his **last resort**, the survivor ate whatever he could find on the island.
   a) only place to stay **b)** only choice left **c)** final truth
4. New immigrants **struggled** to adapt to the poor working conditions.
   a) to fight **b)** to agree **c)** to make peace
5. It was quite **touching** to see the baby hugging her mother after being separated for a few days.
   a) entertaining **b)** strange **c)** heartbreaking
6. He dreamed of having a **steady** life with a full-time job and a reliable income.
   a) regular **b)** uncertain **c)** moving

3 **Read the story and fill in the blanks with the correct option. One is extra.**

a) After several attempts, he finally found a ticket
b) Before getting his own place
c) Although they were happy in the village
d) While my grandpa was writing his first book
e) He was dreaming of becoming a writer
f) The captain asked for a volunteer

A JOURNEY TO THE BRIGHT NEW FUTURE

This is the real story of a legend, my great grandfather George. He was born into a happy family in a small village in 1912. His father was a farmer, and his mother was a housewife, like most families in those days. **(1)**_____, but he knew it would be impossible in such a small village.

(2)_____, the family started to consider moving to another country for their son's education. Unfortunately, travel expenses were too high, and it was impossible for the entire family to immigrate. Therefore, young George had to leave the country on his own in the late 1920s.

(3)_____ for a ship to cross the Atlantic. He was shocked when he saw a large number of people standing on the deck. While they were in the middle of the ocean, one of the ship's engines stopped; apparently, there was a problem with it. Although the passengers tossed everything into the sea, it wasn't enough to move the ship. **(4)**_____ to take one of the boats to the nearest island to get help.

4 **a) Read the story again and take notes in the table.**

Characters (Who were the characters?)	
Setting (Where and when did the story take place?)	
Plot (What happened?)	
Climax (What was the most exciting part of the story?)	
Theme (What was the message of the story?)	

b) Now, work in pairs. Use your notes in the table and retell the story in your own words.

5 **Work in pairs. Talk about a hard time you have passed through. Ask and answer the questions below.**

- What happened?
- When and where did it happen?
- How did you feel?
- What happened in the end?

6 **Imagine Grandpa George didn't leave his village. Write a different story for him.**

My great grandpa was born into a happy family in a small village in 1912. His father was a farmer, and his mother was a housewife, like most families in those days. _____

_____

_____

_____

In the end, _____

_____

_____.

As a last resort, Grandpa George accepted to row in the burning sun until he reached one of the islands. He managed to get the necessary help, and they fixed the engine to continue their long journey.

Even after arriving at his new hometown's harbour, he had to keep struggling. He didn't have some of the necessary documents, so he was transferred to a different town. **(5)**_____, he had to share a small flat with two other immigrants for over a year. He never stopped dreaming of being a writer and wrote every touching moment of his journey.

As soon as he had a steady life, he enrolled in his dream school, where he met an inspiring teacher. They worked together to edit his survival memories into a book, which later became a best-seller. This was the beginning of his career as a well-known author. His story has taught me to keep working hard to make my dreams come true.

OLD HABITS DIE HARD

1 **a) Fill in the table with your childhood habits.**

CHILDHOOD HABITS				
the games you used to play	the way you used to look like	the type of music you used to listen to	the cartoons you used to watch	the meals you used to like/ dislike

b) Now, work in pairs. Use your answers in the table and talk about your past habits as in the example.

E.g.

2 **Read the text below and answer the questions about Tom's childhood habits.**

Good Old Childhood

When I look back on my childhood, I feel great. My friends and I spent most of our time playing marbles or hide-and-seek. Weekday evenings were reserved for sports. I used to play basketball every evening after school. I keep the tradition going, but I play tennis now. I used to listen to rock music all the time. My routines were very important to me as I was a creature of habit. Every morning, I would eat two eggs and would not leave the house without drinking my honey milk. My parents were very strict about the whole family sharing the chores on Saturday mornings. We did the dusting with my sister while my brother and dad mopped the kitchen floor and vacuumed the rooms. We used to watch cartoons with my sister after we finished cleaning. Old habits die hard; at the age of 17, I still like watching cartoons with my sister.

1. What did Tom and his friends use to do? _____.
2. What did Tom use to do on weekday evenings? _____.
3. What was his favourite music genre? _____.
4. What was his morning routine like? _____.
5. What chores did Tom use to do? _____.
6. What did they use to do once they finished their chores? _____.

3 **Talk about your childhood memories in class as in exercise 2.**

1 **Work in pairs. Discuss if you agree or disagree with the statements. Give reasons.**

- Living with your parents during university is ideal because it is more comfortable.
- Attending university in a different city allows you to be independent and gain new life skills.
- It's difficult to concentrate on lessons while learning to live on your own.

2 **Read the introduction paragraph of the opinion essay below. <u>Underline</u> the writer's opinion about the topic.**

Where Should I Go to University: In My Hometown or Another City?

Most students around the world leave their family homes for education. Is it a real challenge or an opportunity to move away for university? I think it's better to go to university in a different city because you can gain new skills and discover new places and cultures.

In my opinion, it is a great way to learn how to live on your own while continuing your education. **(1)**_____. For example, when I was at university in a different town, I learnt how to spend my money wisely and make my own budget. Besides, **(2)**_____.

Furthermore, students who live away from their homes have a greater chance to travel. Going to university outside of town is like being a tourist in your home country. As a student, **(3)**_____ and explore the places I hadn't been before.

On the other hand, it may seem challenging to start a new life. **(4)**_____. As a result, there are a lot of students who don't want to leave the comfort of their homes. However, to my mind, if you learn to struggle for your life at school, you will develop problem-solving skills. **(5)**_____ for working life challenges.

In conclusion, your parents' home is more comfortable for you because it allows you to concentrate on your studies. Nevertheless, if you don't try to fly on your own, you won't be able to see the world from a different perspective. It's really worth taking risks to learn how to be independent.

3 **a) Read the essay and complete the paragraphs with the sentences below.**

a) I used to make a list of the places to visit during my breaks
b) You can learn how to manage your life and be more independent
c) The difficulties you experience at school help you be well-prepared
d) I had the chance to live my life by my own rules
e) It is not easy to make a budget plan for the bills, books and food

b) Read the essay again and <u>underline</u> the topic sentences in the paragraphs.

4 **Choose a topic and write an opinion essay using the template in the appendix on page 95.**

CLIL

Health

MIND-BODY THERAPY

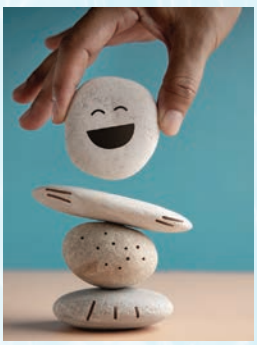
1 **Discuss the questions below with your partner and share your answers with the class.**

- Do you think our mood affects our physical health?
- Do you think it's helpful to get extra help in addition to medical/hospital care when we're sick?

3.6

2 **Read and listen to the text. Underline the illnesses that mind-body therapy can support the medical treatment.**

Finding the Balance



Mind-body therapy is a set of healing methods. It studies the links between the brain, mind, body and behaviour, and also how emotional, mental and social factors can have a direct effect on health. It shows methods that improve each person's capacity for self-awareness and self-care. **Art therapy**, **group therapy** and **dance therapy** are some examples of mind-body therapy treatments. Many studies have shown in the last 20 years that mind-body therapies can help patients with coronary heart disease. They support people who are already getting regular treatment to stay healthy for another two to five years. People who are in pain also frequently seek relief through mind-body therapy. Some mind-body therapies help patients suffering from painful illnesses such as migraine headaches, multiple sclerosis and epilepsy. Research on these therapies has found evidence that they are quite effective. Similarly, studies on cancer patients show that mind-body therapies improve mood and quality of life while also reducing disease and treatment-related symptoms such as nausea, vomiting and pain after chemotherapy. In short, mind-body therapy improves the performance of modern medicine, and it's especially beneficial to people with chronic illnesses who need extra help.

3 **What do you think these words mean? Find them in the text and match them with their definitions.**

a) healing **b)** self-awareness **c)** relief **d)** nausea

◯ **1.** a sense of sickness in the stomach that makes you think you're about to vomit

◯ **2.** a happy sense that something bad hasn't happened or has ended

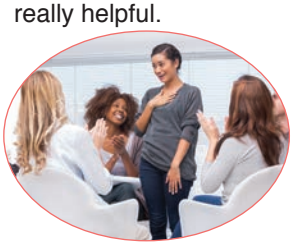
◯ **3.** the process of becoming better, especially after an illness, a wound or another type of harm

◯ **4.** what you know and what you think about yourself

4 **Fill in the blanks with the bold words in the text.**

They thought it would be hard for me to walk after breaking my leg, but **(1)**_____ changed everything.

(2)_____ was important in my recovery from an eating disorder. Sharing stories with others is really helpful.



She thinks less about her illness now because she attends **(3)**_____. Colours have that kind of power.

5 **Say at least three facts you've learnt about mind-body therapy. Discuss them with the class.**

Progress Check

Theme 4 Presentation

HERE WE GO!

Destination
1. Describing places, people and events in the past
2. Ordering events
3. Talking about personal experiences in the past
On the way
Vocabulary related to ordering past events & personal experiences

SPOTLIGHT

1 **Match the sentence halves below to describe life.**

◯	**1.** Life is a work	**a)**	to see if they work.
◯	**2.** Life is so unpredictable	**b)**	in progress.
◯	**3.** Life is really simple,	**c)**	not to be saved.
◯	**4.** Life is trying things	**d)**	that we never know what comes next.
◯	**5.** Life is ours to be spent	**e)**	but we insist on making it complicated.

2 **How do you define life in your own words? Write and share it with your classmates.**

Life is _____.

3 **Read the movie quotes below. Which of them gives the similar messages with the sayings in exercise 1?**

◯ **a)** **"Oh yes, the past can hurt. But you can either run from it, or learn from it."**
The Lion King

◯ **b)** **"Carpe diem. Seize the day, boys. Make your lives extraordinary."**
Dead Poets Society

◯ **c)** **"How many times do I have to teach you: Just because something works doesn't mean it can't be improved."**
Black Panther

◯ **d)** **"Life is like a box of chocolates, you never know what you're gonna get."**
Forrest Gump

4 **Write your favourite movie quote about life and discuss it with your partner.**

_____
_____.

ONCE YOU CHOOSE HOPE, ANYTHING IS POSSIBLE!

1 **Guess and match the names of well-known people with their statues. One name is extra.**

a) Elvis Presley **b)** Sabiha Gökçen **c)** Marie Curie
d) Terry Fox **e)** Florence Nightingale

2 **Work in pairs. Make a similar dialogue as in the example using the notes below. Then, act it out.**

FLORENCE NIGHTINGALE
- nurse/known as "The Lady with the Lamp"
- Tuscany, Italy-1820
- be in charge of nursing soldiers in Türkiye in the Crimean War
- be the founder of modern nursing

ELVIS PRESLEY
- singer/known for his iconic voice
- Mississippi, the U.S.-1935
- help popularise rock'n'roll music
- change the course of music in the 1950s

MARIE CURIE
- physicist and chemist/known as the pioneer in the study of radiation
- Warsaw, Poland-1876
- discover the elements polonium and radium
- receive Nobel Prize twice

Isla: Who was Terry Fox?
Theo: He was an athlete and an activist who had a strong determination.
Isla: Oh, I've never heard of him. Where was he born?
Theo: He was born in Winnipeg, Canada in 1958.
Isla: What did he do?
Theo: He started the Marathon of Hope to raise money for cancer research. He also became the first single person to collect such a large sum of money. Sorry to say that, but he died at the age of 22.

3 **Guess the meaning of the bold words and choose the correct option.**

1. After Susie had moved to Italy, she was **diagnosed** with diabetes.
   a) to name exactly what the illness is **b)** to give information about the illness
2. My father had undergone **surgery** on his heart before I graduated from university.
   a) treatment of diseases by cutting a part of the body **b)** dressing a wound with a plaster
3. The famous tennis player made a remarkable **recovery** from a shin injury.
   a) physical damage to someone's body **b)** becoming well again after an illness

4. After an **exhausting** shift at the hospital, the doctor just wanted to get home for some sleep.
   a) extremely tiring **b)** extremely disappointing
5. **Regrettably**, COVID-19 has caused the deaths of many people all over the world.
   a) in a way that makes you feel interested **b)** in a way that makes you feel sorry
6. The interview with Terry Fox's foundation manager was **aired** live last night.
   a) to broadcast on TV **b)** to speak on TV

4.1 **4** **Listen to the text about Terry Fox and match the events.**

( ) **1.** When Terry was 18 years old,
( ) **2.** When he saw the doctor,
( ) **3.** Before Terry lost his leg,
( ) **4.** After he had recovered,
( ) **5.** While he was running,
( ) **6.** After he had started running in 1981,

a) his coach had visited him in the hospital.
b) he collected a large sum of money.
c) he was diagnosed with bone cancer.
d) he learnt that he needed surgery.
e) he started running a little distance every day.
f) he was having pains.

4.2 **5** **Listen to the text again and put the events in the correct order.**

a) He started the Marathon of Hope in 1980 and raised $23.4 million for cancer research.
b) He was affected by the newspaper article, and he decided to start running again after his surgery.
(1) **c)** Terry ran and played basketball during his high school years.
d) He died in 1981, but his inspiring story started with Terry Fox runs.
e) Before the operation, his coach showed him a newspaper article about a man with one leg.
f) Unfortunately, cancer had returned and spread over the rest of his body.
(5) **g)** After the surgery, he could walk with an artificial leg, and he began running again.
h) At the age of 18, he was told that he had bone cancer and required surgery.

6 **Discuss the following questions explaining your reasons.**

- How can you describe Terry's life?
- Would you start running again after a serious surgery?
- Would you like to attend the Marathon of Hope?

BEHIND EVERY PERSON LIES A STORY

1 **Read what Gabriel Garcia Marquez, the famous Latin American author, said about life. Do you agree with him? Discuss with the class.**

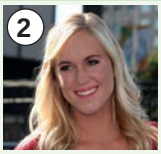
> What matters in life is not what happens to you but what you remember and how you remember it.

2 **Read the mini texts about the differently-abled people in the photos and write the given words in the blanks. One is extra.**

diagnosed | attacked | discovered | lost

1

Andrea Bocelli is a famous Italian tenor who was diagnosed with glaucoma, a disease that damages the eye's optic nerve. Then, he _____ his sight after a football accident when he was just 12.

2 

Bethany Hamilton is an American professional surfer and author who was _____ by a tiger shark when she was 13. Just one month after the attack, she was on her surfboard again.

3

Stephen Hawking was a British cosmologist and author whose books helped to make science accessible. At the age of 21, he was _____ with ALS, motor neurone disease, which left him unable to move and speak.

3 **a) Work in pairs. Look at the names of the books written by the perfectly imperfect people given above. Guess who wrote them and share your guesses with the class. One is extra.**

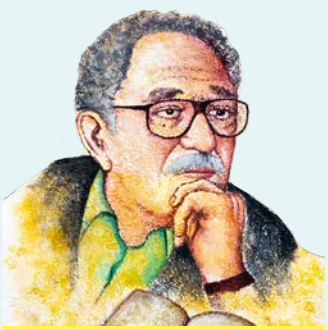
Soul Surfer | The Music of Silence | Still Me | The Universe in a Nutshell

b) Name an author whose words you remember forever. Share the names of his/her books you read with the class.

4 **Read the biography of Marquez and complete the blanks with the sentences below.**

a) His masterpiece helped him win the Nobel Prize in Literature in 1982
b) In 1946, he enrolled in the National University of Bogotá to study law
c) His most popular novel, *One Hundred Years of Solitude*, was published in 1967
d) When he decided to have a career in journalism, he ended his law studies
e) He learned everything from his grandfather in his childhood

THE LITERARY GIANT MAKING THE ORDINARY EXTRAORDINARY



Gabriel Garcia Marquez

Gabriel Garcia Marquez, who was born in 1927 in Columbia, was a novelist, screenwriter and journalist. Known as Gabo by the writers and readers of South America, he was mainly raised by his maternal grandparents in Aracataca, a banana-growing town near the Caribbean coast. His grandfather, who was a retired army colonel, was a big inspiration for Marquez throughout his life. **(1)**_____. He also enjoyed his grandmother's unique way of telling stories. She was the woman who coloured his imagination with folk tales and ghost stories. When he was 13, they moved to Barranquilla, a port city, where he started high school. He acquired a reputation as being a very shy boy who wrote humorous poems and drew cartoons.

5 **Work in pairs. Reread the biography to number the following events in chronological order.**

- ◯ **a)** getting married
- ◯ **b)** starting law school
- (1) **c)** leaving his hometown for high school
- ◯ **d)** receiving the Nobel Prize in Literature
- ◯ **e)** writing the novel *Leaf Storm*
- ◯ **f)** releasing his masterpiece
- ◯ **g)** going to Europe as a journalist
- ◯ **h)** moving to Mexico

6 **Read the biography again and answer the questions.**

1. Where did Gabriel Garcia Marquez grow up?
2. Who was he inspired by?
3. How many years did it take Marquez to find a publisher for his first novel?
4. What book did Marquez win the Nobel Prize for?
5. How old was he when he was awarded the Nobel Prize in Literature?
6. When was his novel *Love in the Time of Cholera* published?

Discuss the sayings below with the class.

- Everyone has a story within them. Let yours out!
- A winner is a dreamer who never gives up.
- It is our imperfections that make us so perfect.

7 **Search for a famous person/inventor/scientist/sportsperson who will inspire you to never give up. Write a biography of her/him considering the information below.**

- Early life and childhood
- Adulthood
- Path to success (major events and milestones)
- Current life (if they are still alive)
- Later life (if they are no longer alive)

(2)_____. Meanwhile, an editor of a magazine wrote an opinion stating that Colombia had no talented young writers, Marquez sent him some of his short stories, which the editor published as *Eyes of a Blue Dog*. **(3)**_____ and fought tooth and nail to become a successful journalist. In 1954, he was sent to Rome on an assignment for his newspaper. In 1955, his first novel, *Leaf Storm*, was published. He had written it seven years earlier, but he could not find a publisher until then. In 1958, he married Mercedes Barcha Pardo, and they had two children. **(4)**_____. It was considered the author's masterpiece and the best example of his style, magic realism. The novel, which tells the multi-generational story of the Buendia family through love and war, has been translated into a large number of languages and has sold millions of copies. **(5)**_____ and became a global classic. Three years later, Marquez's novel, *Love in the Time of Cholera*, based on the love affair of his own parents, was published. Marquez, the master of magical realism, announced his retirement from writing in 2008 and died on April 17, 2014. In Colombia, he became a symbol of national pride. As the best known Latin American writer of all time, he achieved being accessible to the common readers as well as the sophisticated scholars.

LITTLE KIDS, BIG DREAMS

1 **Look at the list of childhood dreams below. Which ones are familiar to you?**

- Being an astronaut/teacher/actress, etc.
- Living in a castle/in another planet, etc.
- Going to India/Cuba/Mars, etc.

2 **Read the dialogue and tick (✓) the correct statements.**

Chris: Hi Mila! What are you up to?
Mila: I've been busy with my presentation since the morning. Luckily, it's about to finish.
Chris: Hmm! What's it about?
Mila: Well, it's about the successful people who achieved their childhood dreams, and I chose Jane Goodall.
Chris: Isn't she the British primatologist who spent her life observing chimpanzees in Africa?
Mila: Yes, exactly, and the one that records their every move. Can you believe that this was her childhood dream?
Chris: No, I didn't know that her childhood dream was to research chimps.
Mila: Well, she was just a baby when her father bought a toy chimpanzee for her first birthday. She loved it and named it Jubilee. From that day on, the toy remained by her side.
Chris: Superb! From a toy chimp to the chimps in Africa.
Mila: Exactly! As a child, she loved to be in nature and dreamed of helping animals. She loved books about animals and Africa. The stories of *Dr Doolittle* and *Tarzan* were her favourites.
Chris: Fantastic! It reminded me of one of my childhood dreams. When I was nine, I received a present, a Jules Verne collection. *Journey to the Center of the Earth* is still my number one. After I finished reading it, I decided to be a scientist and travel to unknown places.
Mila: Ha ha! Now I see why you chose to be a geologist.

- ◯ **1.** Mila is preparing a presentation about famous entrepreneurs of all time.
- ◯ **2.** Jane Goodall always dreamed of going to Africa, but she couldn't afford this.
- ◯ **3.** Her favourite toy was the chimpanzee that her father gave as a present.
- ◯ **4.** She used to read books about wildlife when she was a little girl.
- ◯ **5.** Chris liked to read adventure books when he was a child.

3 **Work in pairs and prepare a dialogue about your childhood as in exercise 2. Think about your favourite toys, books and the activities you did as a child.**

PRONUNCIATION MATTERS

4.3

A. **Listen and practise. Notice the pronunciation of -ed.**

/d/	/t/	/ɪd/
smelled /smeld/	walked /wɔːkt/	visited /vɪzɪtɪd/
allowed /əˈlaʊd/	hoped /həʊpt/	exploded /ɪkˈspləʊdɪd/

4.4

B. **Listen and write the following verbs under the correct sound on the table in exercise A.**

• claimed • waited • missed • raised • selected • talked

WRITING AN ESSAY ABOUT A WELL-KNOWN TURKISH FIGURE

1 **What do you know about the famous figures in Turkish history below? Share your ideas with the class.**

☼ Sabiha Gökçen ☼ Cahit Arf ☼ Vecihi Hürkuş ☼ Halide Edip Adıvar

2 **Read about the life story of Vecihi Hürkuş and write true (T), false (F) or not stated (NS).**

THE HERO IN THE SKY

Vecihi Hürkuş, who was born in 1896 in İstanbul, was an aviator, engineer and entrepreneur. He built Türkiye's first aircraft, which makes him one of the most inspirational heroes in Turkish history. From an early age, he wanted to be a pilot, but he was too young for it and studied mechanics instead. During World War I, he served as a mechanic in Baghdad. When he was injured severely, he was sent back to İstanbul where he joined *Tayyare Mektebi*. As soon as he received his pilot certificate, he joined the 7th aeroplane company and fought on the Caucasus front. He shot down an aeroplane and became the first Turkish pilot to shoot down an enemy aircraft.

During the War of Independence, he had only one project on his mind, manufacturing Türkiye's first aeroplane. Nobody believed that he could make his dream come true, but he designed his aeroplane, the Vecihi K-6, in 1924 and made his first flight a year later. In 1930, he made the Vecihi-14, the first civilian aircraft, only in ninety days but couldn't get a flight permission because there was no official test center in the country in those days. Therefore, Hürkuş took his plane to pieces and brought it to the Czechia for evaluation. Then, he flew back to his country on his plane. Later he established a civilian flying school, *Vecihi Sivil Tayyare Mektebi*, to inspire young Turkish engineers to study aviation and pilots to join the Turkish Air Force. He trained the first female aviator in the country, Bedriye Gökmen. By the early 1950s, he founded the first private airline, Hürkuş Havayolları, in Türkiye. He was awarded by the Turkish Grand National Assembly with the Medal of Independence and three times with certificates. He passed away on July 16th, 1969.

I admire this amazing man because he never gave up despite many obstacles on his way and succeeded to turn every impossible situation to possible.

◯ **1.** Before Hürkuş became a pilot, he had served as a mechanic.
◯ **2.** His first mission was to fight against the enemy in İstanbul.
◯ **3.** He made the Vecihi K-6 by using the engines left over after World War I.
◯ **4.** Despite many difficulties, he never gave up making aeroplanes.
◯ **5.** He made many contributions to Turkish aviation.

3 **What personality traits make Vecihi Hürkuş a hero? Share your ideas with the class.**

4 **Search the Net for a well-known figure from Turkish history. Use the plan given below to write an essay about him/her in your notebooks.**

☼ **Introduction** (whom the paper is about)
- birthplace and date of birth
- thesis (why this person is important)
- colleges and young adult experiences

☼ **Body** (his/her life-changing events)

☼ **Conclusion** (restate your thesis)

ART THROUGH LIFE

1 **Read the paragraph and match the highlighted idioms with their meanings. One is extra.**

- ◯ **a)** to develop and to become very successful
- ◯ **b)** to achieve success after retirement or failure
- ◯ **c)** too advanced or modern to be understood or appreciated

Throughout history, humanity has **(1)** come a long way in terms of expressing itself. Artwork, no matter when and how they were created, truly reflect the lives of their creators. In order to fully appreciate the paintings, we need to be aware of art history and its periods. Newer periods develop from older ones, making art a never-ending process of discovery. Vincent van Gogh, for example, considered himself an impressionist as an artist who was **(2)** ahead of his time. However, expressionism was highly influenced by his artwork.

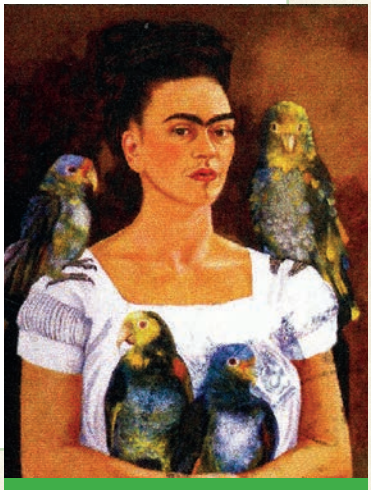
2 **Read about the art movements and look at the artwork that represent them. Which one is your favourite? Explain why.**

Cubism is a revolutionary art movement from the early 20th century that changed painting and sculpture in Europe, as well as music, literature and architecture. Instead of showing objects from a single point of view, cubist art shows them in geometrically simplified ways.

Three Musicians-Picasso

Wheat Field with Cypresses
Vincent van Gogh

Impressionism is a 19th-century art movement that takes life with all its reality and presents all of its changing features. It is all about human perception and experience as a result of great observation.



Me and My Parrot-Frida Kahlo

Symbolism is a late 19th-century movement that uses symbols to express all states of mind. It looks for the truth behind the patterns, shapes and lines in an abstract environment. Symbolist artists use metaphorical images to portray their ideas. Their artwork tells much more than the painted object.

3 **Read the quote by Vincent van Gogh. Discuss the role of art in life with your partner.**

"Art is to console those who are broken by life."

Progress Check

Theme 5 Presentation

HERE WE GO!

Destination
1. Expressing wishes and regrets for past events
2. Talking about unreal past events
On the way
Vocabulary related to wishes & regrets

SPOTLIGHT

1 If you had a remote control for your life, which button would you press most: rewind, pause or fast forward? Why? Share your answers with the class.

2 Match the quotes with their explanations. One is extra.

a
"You should never regret anything in life. If it's good, it's wonderful. If it's bad, it's experience."
Victoria Holt

b
"I wish life had a rewind button."
Shiza Shahid

c
"Thinking before acting is wisdom, but acting before thinking is regret."
Unknown

d
"The only real mistake is the one from which we learn nothing."
Henry Ford

1 ◯
Sometimes you may regret saying bad words and breaking hearts. You may want to take the words and actions back. You wish you could go back in time to change things.

2 ◯
Everybody makes bad decisions every now and then. Some people, on the other hand, repeat the same mistakes over and over. They can't learn anything if they don't admit they've made that mistake.

3 ◯
You may feel terrible about making mistakes. Later, you understand that your poor choices have taught you what you don't want or need. Making mistakes may give great life lessons.

3 Which of the quotes above is your favourite? Give an example to support your decision.

1 **a) Look at the photos. What do you think these people regret or wish for? Share your answers with the class.**

b) Now, match the following statements with the photos. One is extra.

- ◯ **a)** I wish I had put more effort into my studies.
- ◯ **b)** My computer wouldn't have broken down if I hadn't opened that email.
- ◯ **c)** If I had left a bit earlier, I wouldn't have gotten late to work.
- ◯ **d)** I wish I had paid more attention to the library rules.
- ◯ **e)** I wish I hadn't had a new haircut.

2 **Guess the meaning of the bold phrases and choose the correct option.**

1. We didn't want to blow out the candles without you, but you didn't **turn up**.
   a) wait **b)** arrive **c)** leave
2. Please **keep** me **posted** on your journey and send me photos each time you visit a new city.
   a) inform **b)** send **c)** ask
3. I wish you had some money **in hand** to help me with the payments.
   a) without **b)** limited **c)** available
4. You caught a cold because you didn't **put on** your coat.
   a) add **b)** wear **c)** uncover

5.1

3 **Listen to the dialogues and match them with the problems. One problem is extra.**

- ◯ **a)** not paying enough attention to the outfit
- ◯ **b)** not putting enough effort into schoolwork
- ◯ **c)** not being punctual or responsible

5.2 **4** **Listen again and choose the correct option.**

1. If Karen had come home earlier, ...
   a) Nigel would have been angry with her.
   b) she would have gone to the concert.
2. Nigel would have waited more for Karen …
   a) if she had phoned to inform him.
   b) if she had gotten dressed quickly.
3. If Karen had found her charger, ...
   a) she would have called Nigel.
   b) she would have come home on time.
4. If Jimmy hadn't shared the photo, ...
   a) Linda would have done it.
   b) Linda wouldn't have warned him.
5. Linda would have uploaded her photos ...
   a) if she had desired.
   b) if Jimmy had chosen for her.
6. If Jimmy had known about her decision, …
   a) he would have shown her the photo.
   b) he wouldn't have uploaded her photo.

5 **a) Work in pairs. Match the situations with their results. One is extra.**

1. You didn't leave home on time.
2. You forgot to take your medication.
3. You missed your project's deadline.
4. You forgot to turn off the oven.
5. You ate a lot of strawberries.

a) You failed that class again.
b) You had red spots on your body.
c) You missed your appointment.
d) You couldn't fully recover.
e) You burnt the meal.
f) You fell out with him.

b) Now, ask and answer questions using the situations in exercise 5a.

E.g.

What would have happened if you had left home on time?

I wouldn't have missed my appointment.

PRONUNCIATION MATTERS

5.3 **A. The contraction of *had/would* is pronounced /d/. Listen and repeat.**

1. I wish I'd /aɪd/ called him before.
2. If we'd /wiːd/ turned up earlier, we wouldn't have missed the show.
3. You'd /juːd/ do the same if you were me.
4. He'd /hiːd/ join us if he had time.

5.4 **B. Listen to the sentences. Decide if you hear *had, would* or their contraction *('d)* and tick (✓) the correct box.**

	had /həd/	would /wʊd/	'd /d/
1.			
2.			
3.			
4.			

1 **Do the survey and compare your answers with your partner's. Who is more open to advice from the elderly?**

1. The elderly advice can motivate me and help me avoid mistakes in life.
   ◯ agree ◯ uncertain ◯ disagree
2. Elderly people share advice based on their own regrets.
   ◯ agree ◯ uncertain ◯ disagree
3. The elderly advice isn't always reliable. It can mislead me.
   ◯ agree ◯ uncertain ◯ disagree
4. I don't usually take elderly people's advice seriously.
   ◯ agree ◯ uncertain ◯ disagree
5. I sometimes regret not paying attention to the advice of my elders.
   ◯ agree ◯ uncertain ◯ disagree

2 **Do you agree with the saying below? Share your opinions with the class.**

> Most times, the best piece of advice comes from regrets rather than perfection.

3 **What do you think these words mean? Find them in the text and complete the table in the appendix on page 96.**

questionable | fulfilling | nap | priority | embrace | ramble

4 **Read Grandpa Tom's letter to his grandson and <u>underline</u> the sentences that describe a wish, a regret or an unreal potential in the past.**

My precious grandchild Noah,

You have no idea how deeply I wanted to be there with you at your college graduation. Sadly, I won't be able to make it. Still, I'm sending you this letter with your mother, so you can feel like I'm there with you on this beautiful day.

My dearest child, today, as you begin a new chapter in your life, let me share some of my regrets with you so that you don't make the same mistakes. I hope this will help you in the future. There are many choices to make in life, and most of them are questionable. Decisions that seem right at the time may turn out to be wrong later.

First of all, my dearest, please always keep a healthy work-life balance. You know, I've spent my entire life working nonstop. When your mother was a little girl, for example, I missed all the special moments in her life because I was too busy working. Birthday parties, school plays ... It still burns me up today. I wish I had worked less and spent more time with my family.

5 **Read the letter again and choose the correct option.**

1. What is the purpose of Tom's letter?
   - **a)** Giving life advice by expressing his own regrets.
   - **b)** Confirming that he will be there to see his grandson graduate.
   - **c)** Asking about how his grandson's life is going.
2. Which of the following is **not** one of the themes of the letter?
   - **a)** anger **b)** regret **c)** remembrance
3. What other word from paragraph 2 means "option"?
   - **a)** chapter **b)** choice **c)** sure
4. What does Tom mean by saying "It still burns me up today." in paragraph 3?
   - **a)** He has an injury that still hurts.
   - **b)** He feels bad when he thinks about it.
   - **c)** He smiles when he remembers it.
5. In paragraph 4, how does the phrase "play safe" explain Tom's behaviour?
   - **a)** He was definitely a risk-taker when he was younger.
   - **b)** He was always careful while playing games.
   - **c)** He never took risks in the past.
6. What three words can describe Tom based on his letter?
   - **a)** careless, confused, selfish
   - **b)** wise, thoughtful, self-loving
   - **c)** mean, illogical, unrealistic

Discuss the following questions with your partner and share your ideas with the class.

- Have you ever done anything in the past that you wish you hadn't?
- What would you do if you could go back and relive a part of your life?

It's a changing world, son. Make bold moves. I was always afraid of losing, so I played it safe. If I had taken some risks, I could have had a more fulfilling life. Please take the chance when available!

Every day, take a walk in the woods, nap, exercise and pray. Make self-care a higher priority. Be thankful for what you have every single day! I wish I had taken better care of myself when I was younger. I never cared. I would have been in a better condition today if I had paid more attention to my well-being.

I'm grateful for everything life has taught me, good and bad. I love myself enough to embrace all of my regrets, I'm sure you will too! Oh my god, how I ramble! My beloved kid, whether you plan to use my advice right away or not, there's a good chance you'll find it useful.

Your adoring grandpa,

Tom Peterson

1 **Read the common regrets below and tick (✓) the ones you agree with. Share your ideas with the class.**

- ◯ Lack of social relations
- ◯ Not travelling a lot
- ◯ Having difficulty in asking for help
- ◯ Not expressing feelings/thoughts
- ◯ Worrying too much about others' opinions
- ◯ Unwilling to pursue dreams

5.5 **2** **Listen to two people talking about their regrets. Match them with their possible statements. One is extra.**

Wendy

Dan

- ◯ **1.** I wish I hadn't been too ambitious about making money.
- ◯ **2.** I wish I had been more physically active.
- ◯ **3.** I wish I had been a more responsible student when I was at high school.

5.6 **3** **Listen again and tick (✓) Yes or No.**

	YES	NO
1. Wendy wishes she had studied more.	◯	◯
2. She wishes she had chosen an easier job.	◯	◯
3. She wishes she hadn't gotten married at all.	◯	◯
4. Dan wishes he had worked more to be richer.	◯	◯
5. He wishes he had been with his family more.	◯	◯

4 **Work in pairs. Talk about the ideas below as in the example. Give reasons.**

1. I/grow up on a farm
2. My mother/not give up working
3. I/not go to school by school bus
4. I/join different school clubs at secondary school
5. I/learn two foreign languages up to now

E.g.

I wish I had grown up on a farm.

If I had grown up on a farm, I would have spent more time in nature.

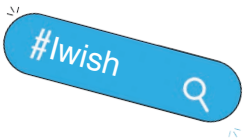
Why do you think so?

1 **Work in pairs. Discuss the questions below with your partner.**

- What are your top three life wishes?
- Have your wishes changed in the last three years?

2 **Read the social media post of Duncan. Then, match the photos with the sentences. One is extra.**

Hi, everyone! Today is my birthday, and I'm turning 18! No matter how happy I am with my life, there are some things I wish I had done earlier. I'd like to share a couple of them with you. Do you have similar regrets? What would you change if you could go back in time? Comment below and use the hashtag #Iwish. Who knows? Maybe expressing our regrets would inspire us to chase our dreams! For these three regrets, I now make three wishes!



a) **#Iwish** I had learned how to communicate fluently in another language.
b) **#Iwish** I had studied more instead of skateboarding on the streets for years.
c) **#Iwish** I had known earlier how important it is to get enough sleep.
d) I'm about to leave my hometown for university, and **#Iwish** I had spent more time with my family.

3 **Write down the things you wish you'd done sooner by using the #Iwish hashtag.**

Ben: **E.g.** #Iwish I had switched off my phone more often and used my free time to focus on myself. REPLY	REPLY
REPLY	REPLY
REPLY	REPLY

CLIL

History

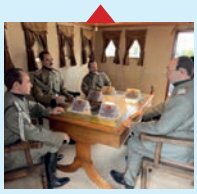
May 19 Commemoration of Atatürk, Youth and Sports Day

1 **One of the dates with great importance in the history of Türkiye is May 19, 1919. Work in pairs and discuss the following questions.**

- Why is May 19, 1919 such a significant date for the Turkish nation?
- Why did Atatürk dedicate this day to the Turkish youth?
- Why do you think Atatürk declared his birthday to be May 19th?

2 **Read through the timeline quickly. Complete the sentences with a question word and then match them with their answers. One is extra.**

The Historical Timeline Behind May 19, 1919

12 Apr 1919	30 Apr 1919	6 May 1919	15 May 1919	16 May 1919	19 May 1919
					
A Greek ship docked at the port of İzmir as a show of power for Greece.	Mustafa Kemal was appointed as the Ninth Army Troops Inspector.	Greece was allowed to land on Turkish territory as a result of the Paris Peace Conference.	Greece began its takeover of Western Anatolia. Hasan Tahsin was the first person to shoot at the Greek troops.	Mustafa Kemal boarded the ship SS Bandırma in İstanbul with his staff and set off for Samsun.	Mustafa Kemal started the Turkish National Movement, which led to the Turkish War of Independence.

1. _____ did the Greek ship dock?
2. _____ was Mustafa Kemal appointed as?
3. _____ was allowed to land on Turkish territory?
4. _____ did Hasan Tahsin fire the first bullet?
5. _____ ship did Mustafa Kemal board?
6. _____ did Mustafa Kemal start?

a) SS Bandırma.
b) Turkish National Movement.
c) Ninth Army Troops Inspector.
d) At the port of İzmir.
e) Greece.
f) Ottomans.
g) Greek troops.

3 **Work in pairs. Ask and answer the following questions. Share your answers with the class.**

- What does May 19 mean to you?
- How do you feel when you commemorate this day at your school?

Progress Check

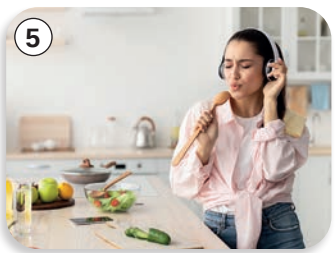
HERE WE GO!

Destination
1. Expressing degrees of certainty in the past
2. Expressing criticism for the events in the past
On the way
Vocabulary related to the feelings & emotions

SPOTLIGHT

1 **Look at the photos and answer the questions.**

- What feelings do these photos arise in you?
- What is your own way to relax when you feel stressed?



2 **a) Read the ad below. What do you think is it for? Write two more options in the spaces given thinking of your needs and wants.**

This offer will be your best friend on your way to a better life. This experience will both open your heart and broaden your mind. It will help you to:

- **discover your life's purpose**
- **feel more confident about yourself**
- **be a more positive person**
- **enrich your relationships**
- **learn your capabilities**

E.g.
a music box
a ticket to your dream city
a book _____
a telescope _____

b) Read the ad again and discuss the meanings of the underlined phrases with a partner.

HONESTY IS THE BEST POLICY

1 **Look at the photos and make guesses. What could have happened in each photo?**

a) Why was the woman shocked? What did she see?

b) Who was this man? What was he doing?

c) Whose telephone was it? Who was calling?

2 **Read the dialogue between Clara and Gabriel and answer the questions.**

Clara: Oh, Gabriel! I'm very much worried about our son, Alex. I've called him many times, but he didn't answer my calls.
Gabriel: Calm down, honey. Did you call Aunt Charlotte or Uncle Lorenz?
Clara: Sure, but their mobile phone was off. I think the battery might have been dead or they might have fallen asleep.
Gabriel: Hmm, I'm also getting worried. Something must have gone wrong there. Let's drive and find out right now.

1. Why were Clara and Gabriel worried?

   _____.

2. What do you think might have happened to Alex, Aunt Charlotte and Uncle Lorenz?

   _____.

3 **Guess the meaning of the bold words/phrases and choose the correct option.**

1. The detective questioned the **suspect** of the case.
   - **a)** a person thought to be innocent of a crime
   - **b)** a person thought to be guilty of a crime
2. She has an **alibi** for the whole weekend that she was out of town.
   - **a)** The proof that a person was in another place at the time of the crime
   - **b)** The proof that a person was at the crime scene
3. The police are still looking for a vital **clue** for the bank robbery.
   - **a)** false information that is given by the suspects about a case
   - **b)** an object, a piece of evidence or some information that helps someone solve a crime
4. Jerry decided to **come clean** and let the teacher know that he hadn't finished the project.
   - **a)** to keep something as a secret
   - **b)** to tell the truth

6.1 **4** **Listen to the dialogue about a lost painting and tick (✓) the clues you hear in part 1.**

◯ fingerprints ◯ a key ◯ bleach ◯ a broken vase ◯ some crumbs ◯ paint drops

6.2 **5** **Now, listen to part 2 and complete the alibi report.**

	Suspect 1	Suspect 2	Suspect 3
Name/Duty:	Lisa, the cleaning lady	David, the gardener	Dufour, the cook
Place:	downstairs		
What s/he was doing:		having a stomach problem	

6 **Match Mr Johnson's sentences with their meanings.**

◯ **1.** Someone might have stolen the painting from the house.

◯ **2.** The cleaning lady must have been very busy at that time.

◯ **3.** The cook can't have stolen the painting.

a) It's certain that it happened.

b) It's impossible that it happened.

c) I think it happened.

6.3 **7** **Listen to part 3 and answer the questions.**

1. How might have Alex felt while he was spending time at his aunt's house?

_____.

2. What might have he done that day?

_____.

6.4 **8** **Listen to part 4 and write what happened to the painting.**

_____

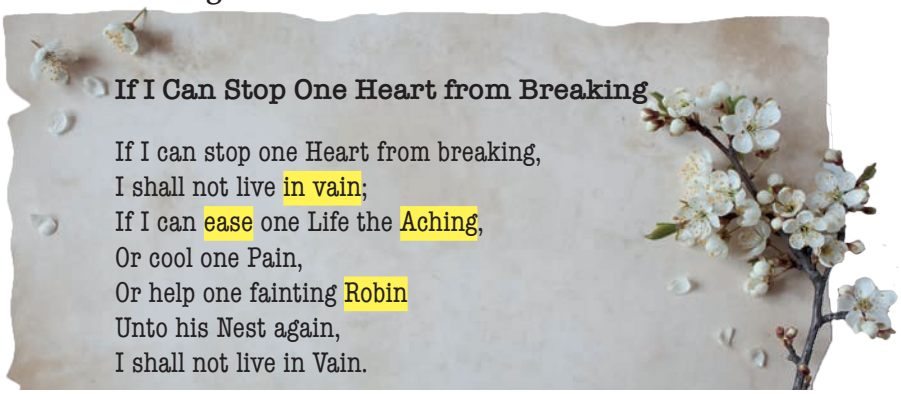
_____.

9 **Did you guess the end of the story? Share your ideas with the class.**

A MILLION LITTLE PIECES BEHIND EVERY SMILE

1 **In what ways can you help the people and animals around you? Discuss with the class.**

2 **Read the poem by Emily Dickinson, a famous American poet. Guess and write the highlighted words near their meanings.**



If I Can Stop One Heart from Breaking

If I can stop one Heart from breaking,
I shall not live in vain;
If I can ease one Life the Aching,
Or cool one Pain,
Or help one fainting Robin
Unto his Nest again,
I shall not live in Vain.

1. lessen: _____
2. useless: _____
3. a small red bird: _____
4. pain: _____

3 **Reread the poem to choose the theme of it.**

a) It is not easy to find a shoulder to cry on when you feel pain and sadness.

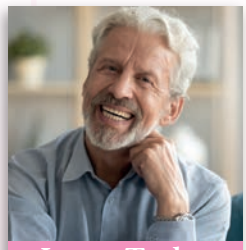
b) Your life will be more meaningful if you care about others and live selflessly.

c) Your heartbreak will end sooner or later, so trust yourself and move on.

4 **Read the mini stories of Lucas, Maja and Jahan in an online magazine, *A Million Little Ways*. Choose and write the correct titles for them. One is extra.**

www.minitruestories.mag

COLOUR ME HAPPY | OFFER ME SOME HELP
BIG-HEARTED SMILING SELLER | UNEXPECTED HELPING FEET



Lucas Taylor

(1)_____

I had just left a store and returned to my car. Suddenly, I realised that I'd locked my keys and my mobile phone inside the car trunk. "Oh, my Gosh! I should have been more careful," I talked to myself. Meanwhile, a teenage boy riding his bike saw me kick a tire desperately. "What's wrong?" he asked. I explained my situation. "Even if I call my wife," I said, "She can't bring me her car key as she is at home trying to recover after an eye operation." The boy handed me his mobile phone. "Call your wife and tell her I'm coming to get the key." "That's more than 10 kilometres round trip," I stammered. "Don't worry about it, I'll handle it," he said kindly. I was so emotional. I couldn't find the right words to say to the boy who had a big heart. An hour later, the boy returned with the key. I offered him lunch, but he refused. "Let's just say, I needed the exercise for my school match," he said. Then, like a cowboy in the movies, he rode off into the sunset.

5 **Read the stories again to choose the option that best captures the main idea.**

a) Compassion is difficult to achieve in the world we live in today.

b) Nobody around us speaks or understands the language of kindness.

c) Try to be a little kinder. It is the medicine the world needs.

6 **Who were the earth angels in the true stories given? What were their three essential personality traits? Share your ideas with the class.**

Read the seven pieces of advice by Mevlânâ Celâleddin-i Rûmî and discuss the lines with the class.

In generosity and helping others, be like a river.
In compassion and grace, be like the sun.
In concealing others' faults, be like the night.
In anger and fury, be like the dead.
In modesty and humility, be like the earth.
In tolerance, be like the sea.
Either exist as you are or be as you look.

7 **Recall a memory when someone helped you unexpectedly. Write your mini true story answering the questions below.**

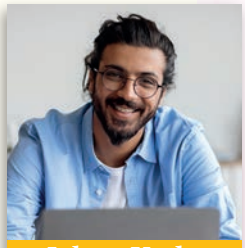
- When was it?
- What happened?
- Who helped you?
- Why do you think this person helped you?
- How did you feel?

Maja Wagner

(2)_____

I shouldn't have forgotten about the rules in carry-on luggage at the airport, but I did. As a safety rule, I should have put my liquids in containers that are no bigger than 100ml. When I reached the security, I had to give up all my painting supplies, which I paid a lot as a student in the fine arts programme. I cleaned my tears streaming down my cheeks. When I returned a week later from my hometown, an attendant was at the baggage area with all my paints. She had not only kept them for me but also looked up my return date and time in order to meet me. She was an unexpected angel. I was over the moon!

(3)_____



Jahan Kadu

In 2018, I was a second-year bachelor's student of surgery at Calcutta Medical College. I had spent all my money buying instruments for the anatomy class, so I was almost broke. After buying a train ticket to visit my grandparents in Mumbai, I was left with only 15 Indian rupees in my wallet. I was starving, and I went to a vendor on the platform. I asked for the price of each item, but everything was over 18 rupees. Disappointed, I turned to leave. Suddenly, the vendor said, "Take what you want. Forget about the money." He might have heard noises coming from my stomach. I didn't know what to do for a while, but unable to fight my hunger, I grabbed a packet of biscuits and some coffee. He just smiled when I thanked him. On my return, I tried to pay him, but the shopkeeper refused to accept the money. Whenever I travel by train, I visit him. It is really good to know there are some people who value kindness over money.

CRITICISMS ACCEPTED!

1 Do you tend to criticise people often? Why/Why not? Share your answers with the class.

2 Work in pairs. Read the events and criticise the people with your partner.

Jim went skiing last Sunday, and he got lost in the snowstorm.

→ He didn't check the weather forecast.
E.g. He should have checked the weather forecast.

→ He left his mobile phone at the hotel.

→ He went there alone.

→ He chose the risky path.

David went for a drive in the desert, but his car broke down. He had hard times with high temperature.

→ He didn't tell anybody where he was going.

→ He didn't charge his phone before he left home.

→ He didn't take enough water.

→ He didn't have a repair kit in his car trunk.

Sally went to the beach yesterday, and she was about to drown if a woman hadn't seen her.

→ She went to an empty beach.

→ She went swimming after lunch with a full stomach.

→ She swam away from the beach.

→ She didn't pay attention to the red flag.

PRONUNCIATION MATTERS

6.5

A. Listen and practise. Notice that *have* is reduced in past modals.

- You should've /ʃʊdəv/ left a note for your mother.
- She might've /maɪtəv/ been offended.
- He must've /məsthəv/ forgotten my birthday.
- He could've /kʊdəv/ been more careful.

6.6

B. Listen to the sentences. Tick (✓) the correct reduction of past modals.

	could've	must've	might've	should've
1.				
2.				
3.				
4.				

1 **Read the letter and fill in the blanks with the correct expressions. One is extra.**

Finally | To make matters worse | To begin with | In addition | However

The Manager
EHAA AIRLINES
P.O. Box 210804

Avenida Mazatlan 184
Madrid, España

Dear Sir/Madam,

I am writing to express my strong dissatisfaction with the service provided by your airline during my flight to Los Angeles three days ago.

a) _____, despite the delay of the flight for over three hours, nobody gave us any explanation and even offered us a drink.

b) _____, when we finally boarded the plane, the staff were unhelpful and refused to respond to the call button. One of the cabin crew actually spilled the coffee on my T-shirt. **c)** _____, he made no effort to clean it up. He just apologised.

d) _____, when we reached our destination, I found one of my suitcases open, and some of my items were missing. I saw nobody around to help me. There should have been someone from your company whom I could have had a word with.

As you can imagine, I was extremely disappointed and furious about the whole experience. I expect a full refund on my ticket as compensation for the missing items, as well as a written apology from the airline company.

I am looking forward to hearing from you at your earliest convenience.
Yours faithfully,

Diego Perez

2 **Study the following plan and use the information given in the box to write a letter of complaint to the restaurant manager.**

Opening Remark: Dear Sir/Madam
Introduction: Reason for writing
Main Body: Details of complaints and reasons
Conclusion: Your demand
Closing Remark: Yours faithfully

Complaints	Reasons
• Service was too slow. • Music was very loud. • Food was badly cooked. • Waiter was rude.	• We waited for an hour. • We couldn't hear each other. • The steak was tough, the rice was greasy, and the salad wasn't fresh. • He didn't even apologise for spilling the tea on my shirt.

CAN YOU HEAR THE MUSIC?

1 **Read the bubbles. What do they all agree with? Share your ideas with the class.**

I encourage my patients to listen to music before, during and after surgery.

We play jazz in the school garden and classical music in the corridors.

Standing here all day is too tiring. What makes my job bearable is this music in the mall.

2 **Read the poem and match the bold words with their definitions.**

The Gift to Sing

…
I (1) **pierce** the darkness with a (2) **note**,
And sing, and sing.
I (3) **brood** not over the broken past,
Nor (4) **dread** whatever time may bring;
No nights are dark, no days are long,
While in my heart there (5) **swells** a song,
And I can sing.

by James Weldon Johnson

- ◯ **a)** a strong feeling of fear or worry
- ◯ **b)** a musical sound and its symbol
- ◯ **c)** to increase in size or amount
- ◯ **d)** to make a hole in something
- ◯ **e)** to think about the things that make you sad

3 **Read the poem again. What does the poet want to say about singing? Discuss in pairs.**

4 **Listen to the song *Singing in the Rain* by Gene Kelly in the class. What is the mood of the song?**

Progress Check

Theme 7 Presentation

HERE WE GO!

Destination
1. Talking about landmarks and monuments
2. Describing cities and historic sites
3. Asking for and giving more detailed information

On the way
Vocabulary related to describing historical places & geographical features

SPOTLIGHT

1 **Discuss the following questions with your partner and share your answers with the class.**

- What is your favourite landmark or monument in Türkiye?
- What do you like best about that location?

2 **Read the brochure and tick (✓) the correct statements.**

ABOUT
Türkiye
Türkiye is one of the world's most popular tourist destinations. It should be on every traveller's bucket list because it has something for everyone. Türkiye offers a unique holiday experience rich in history, culture, nature and more. The tourist season lasts the entire year, and visitors of all nationalities head to Türkiye to enjoy the beautiful climate, the Mediterranean way of life and the breathtaking turquoise waters.
THE CULTURE
Traditions, art, folklore and even eating habits differ from region to region due to the country's diverse population. This, in turn, enhances the culture of the country.

THE DESTINATIONS

1 ◯

It is a UNESCO World Heritage Site in İzmir and one of the best preserved ancient sites in the world, dating back to 10 BC.

2 ◯

It is an underground wonder and one of İstanbul's best and largest Byzantine sites. It looks like a flooded palace with a mystical ambience, but it was once a place to store water.

3 ◯

King Antiochus I of Commagene's tomb monument, which stands atop its 2,150-metre peak, is an iconic UNESCO World Heritage Site in Adıyaman.

◯ **1.** Türkiye is an unknown tourist destination that hasn't been fully explored yet.
◯ **2.** Türkiye's history, culture and nature make for a fabulous holiday.
◯ **3.** Visitors come to Türkiye from all over the world to enjoy the country's many attractions.
◯ **4.** Every part of Türkiye has the same traditions, art, folklore and eating habits.

3 **Read the destinations in the brochure again and match them with the correct monuments. One is extra.**

a) The Basilica Cistern **b)** Mount Nemrut **c)** Patara **d)** Ephesus

4 **What three things have you learned about the monuments in the brochure? Share them with the class.**

A UNIQUE PIECE OF HISTORY

Let's Think Aloud

Work in pairs and discuss the questions below with your partner.

- What do you think about the historical importance of Türkiye?
- Why do you think it is important to learn about historical sites in Türkiye?

1 **Read the definitions of some structures that can be found in an archeological site. Match them with the photos below. One photo is extra.**

a) a round open structure with levels of seats for drama or sports
b) a stone structure with a column head and a baseless column at its top
c) the halls that were developed by ancient Rome for public bathing and socialising
d) an open public area that is used for meetings and markets
e) a Roman resting spot with a fountain and plants

agora

nymphaeum

Doric temple

thermal bath

amphitheatre

mosaic

2 **Guess the meaning of the bold words in the sentences and match them with the following words. One is extra.**

a) protection | **b)** impact | **c)** corrosion | **d)** takeover | **e)** amazing | **f)** off-white

1. The period must have been **spectacular** with the unique structures!
2. Roman **influence** can be seen in the region's architecture.
3. Sagalassos people were driven to Ağlasun by a hostile **invasion**.
4. The **bone-white** ruins were kept safe for ages.
5. The Ağlasun site has been repaired by the **conservation** experts.

7.1 **3** **Listen to the *Historic Arc* podcast and choose the correct option.**

1. Sagalassos is located in the _____ of Türkiye.
a) south-west **b)** north-east **c)** south-east

2. It was taken from the Persians in _____.
a) 390 BC **b)** 420 AD **c)** 332 BC

3. Sagalassos was named as the "_____" by the Roman emperor Hadrian.
a) city centre **b)** first city **c)** holy city

4. The new area of the site was protected by the _____ Mountains range.
a) Nur **b)** Kaçkar **c)** Taurus

5. The _____ were preserved very well thanks to the mountains.
a) stone ruins **b)** marble wrecks **c)** mud bricks

6. Most of the _____ were destroyed by natural causes.
a) ruins **b)** monuments **c)** furniture

7.2 **4** **Listen to the podcast again and write true (T) or false (F).**

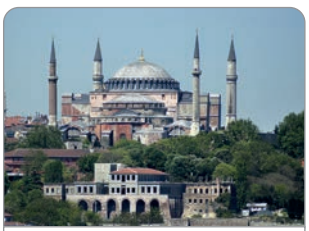
◯ **1.** Sagalassos was Pisidia's richest city under Persian rule.
◯ **2.** The city had always been ruled by the Romans.
◯ **3.** Most of the site's ruins are in Akdağ.
◯ **4.** The site includes different types of structures.
◯ **5.** The site has been repaired by foreign craftsmen.

5 **a) Choose one of the monuments or historical sites below and prepare a short presentation using the guidelines in the appendix on page 97.**

Göbeklitepe

Selimiye Mosque

Zeugma


Hagia Sophia Grand Mosque

b) Give a presentation about your topic to the class.

HEAVEN FROM THE WEST TO THE EAST

1 **Guess and match the historical sites with the correct regions on the map.**

a) Pergamon | **b)** Sumela Monastery | **c)** Troy | **d)** Perge Ancient City | **e)** Cappadocia | **f)** The Pool of Abraham | **g)** Akdamar Island

2 **Work in pairs. Talk about the historical sites in your region. What do you know about them?**

3 **Read the guide and choose the correct option.**

1. Troy was proved to be a **fictional/real** place.
2. Pergamon was home to **more than one/only one** civilisation.
3. Cappadocia is the name of a **region/city** in Central Anatolia.
4. The early settlements in Van go back to a **recent/distant** past.

ENJOY THE TRIP

Türkiye is the cradle of many civilisations. No matter which region you visit, there are numerous historical landmarks to be discovered. We have prepared a guide describing some historical sites you can visit from the west to the east of the country.

The Archaeological Site of Troy, which dates back to 3,000 BC, is located in the north-west of Anatolia. For centuries, people believed it was just a mythical location because of Homer's *The Epic of Iliad*. However, nine different city layers were discovered on the site, and Troy was proved to be an important settlement for different civilisations.

The Acropolis of Pergamon is located in Bergama, İzmir. The city was famous for its excellent city planning. Social structures and public buildings were all built on the hill slopes. Because of its strategic location, the city maintained its historical importance for centuries. The remains of the Roman, Byzantine and Ottoman Empires can also be seen on the site today.

4 **Match the highlighted words in the text with their definitions below.**

1. a castle or an area that is usually built on top of a hill to resist attacks _____
2. to be more than something _____
3. the place or society where something important began _____
4. to have existed for a certain period of time or since a certain time _____
5. a place where people come to live and make their homes _____
6. the pieces of ancient objects and structures that have survived _____

5 **Read the guide again and answer the questions.**

1. What evidence showed that Troy was the cradle of different civilisations?

   _____.
2. What made the architecture of Pergamon so unique?

   _____.
3. Why was Pergamon an important place for such a long time in history?

   _____.
4. Which Cappadocia attractions show the region's historical importance?

   _____.
5. What is the importance of Tilkitepe Mound?

   _____.

6 **Which of the historical places in the guide would you like to visit and why? Share your answers with the class.**

Van is a beautiful city that is located on the eastern shore of Lake Van. The human settlements there date back to 5,000 BC. Tilkitepe Mound is the primary source of information about Van's oldest culture. There are four islands in Lake Van, and Akdamar Island is the second largest one. You can enjoy a boat ride to the island to see the breathtaking ruins.

Cappadocia is not only the name of a site, it is also a region that includes cities like Nevşehir, Kayseri, Aksaray, Kırşehir, Sivas and Niğde. The natural wonders known as *fairy chimneys* may be the reason for the area's popularity, but this amazing location goes beyond that. Derinkuyu and Kaymaklı Underground Cities, Göreme Open-Air Museum and the rock castles of Ortahisar and Uçhisar are the symbols of Cappadocia.

SCENIC OR HISTORIC?

1 **Are you a history buff who likes to visit historic sites and monuments, or are you a nature lover who enjoys exploring the world's natural wonders? Share your answers with the class.**

2 **a) Answer the questions about the place you last visited.**

1. Where did you go on your last holiday?
_____.
2. How did you get there?
_____.
3. Which place did you visit while you were there?
_____.
4. Was the place you visited historically significant?
_____.
5. What was the backstory of that place?
_____.
6. Was the place special for its natural beauty?
_____.
7. Which natural features make that place popular?
_____.

b) Now, ask your friend the same questions you've answered above.

PRONUNCIATION MATTERS

7.3

A. Listen and repeat. Notice the pronunciation of *was*.

1. It was /wəz/ built 2,000 years ago.
2. Was /wəz/ it built on the hill?
3. Yes, it was /wɒz/.
4. She wasn't /wɒznt/ on the excavation team.

7.4

B. Listen to the sentences and tick (✓) the correct box.

	/wəz/	/wɒz/
1. Where was it located?		
2. Yes, he was.		
3. It wasn't a popular place.		
4. I was at the museum.		

1 **Work in pairs. Talk about the activities you like doing when you visit a place.**

E.g.

Nina: What do you like doing when you are in a different city/town?
Jude: I like visiting a museum or a historical place.
Nina: Really? I like buying souvenirs.

2 **Read the blog post by Nancy and <u>underline</u> the activities that can be done in Bozcaada.**

THE BEST PLACE I'VE EVER VISITED

I'm having a fantastic holiday in Bozcaada, Türkiye. It is a place of magic, and I feel as if I'm in heaven. I'm staying at a small seaside hotel. It's not very luxurious, but the rooms are clean and the restaurant serves a variety of seafood. Everything tastes great because it's made with fresh vegetables and olive oil.

Yesterday, I rented a bike and went to discover the hidden places in Bozcaada. Actually, I like driving, but it was a real pleasure to feel the wind in my hair. There were too many hills to pedal up, but I really enjoyed the wonderful view on my way.

Some of the most well-known beaches in Bozcaada are Ayazma, Mitos and Tuzburnu. Since it's September, I've decided to skip swimming and explore the island's history instead. Tomorrow, I'm planning to visit the historical sites that represent Ottoman architecture and climb up to Bozcaada Castle to take some photos. I'll also watch the sunset at Polente Feneri, a lighthouse on the west side of the island.

When it comes to shopping, the harbour's local shops are an excellent choice. I've already bought some jars of delicious tomato jam as a souvenir. These small shops sell handmade jewellery and various spices, so you won't have to worry about what to buy before you leave this peaceful island.

3 **Read the blog post again and answer the questions. Give short answers.**

1. Where is she?	
2. How does she feel?	
3. What has she done so far?	
4. What are her plans for tomorrow?	

4 **Go to the appendix on page 98 and write a blog post describing a place to visit in Türkiye.**

CLIL

Geography

1 **Discuss the following questions with your partner and share your answers with the class.**

- What do you know about your country's geography?
- What is the most famous geographical feature of your region?

2 **Read the information about the geographical formations and match them with the photos below. One is extra.**

A **(1)**_____ is a triangle geographic area formed when sediment is carried by a river into the ocean, sea, lake or another river.

(2)_____ is a kind of limestone that forms near mineral springs, especially hot springs. It can be white, tan, cream and sometimes rusty.

A **(3)**_____ is a large valley with steep sides and a river running through it. It can also refer to a gap created by two mountain peaks.

An explosion or collapse following a volcanic eruption creates a **(4)**_____. The water could come from rain, the movement of groundwater or melted ice.

canyon

rainforest

crater lake

river delta

travertine

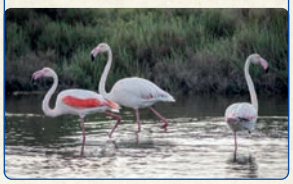
3 **Tick (✓) the statement that is <u>not</u> in the descriptions of the geographical formations.**

- ◯ **1.** River deltas form when sediment from the mouth of a river settles in water.
- ◯ **2.** Travertine may come in a variety of colours.
- ◯ **3.** A canyon is a large area of land with a sea running through it.
- ◯ **4.** Water in a crater lake can come from different sources.

4 **Read the statements below. Which of the places would you like to visit first? Explain why.**

Pamukkale is known for its white travertine terraces filled with warm mineral-rich water.

Gediz is a river delta in İzmir that is also known as the İzmir Bird Paradise thanks to its large variety of birds.



Saklıkent is a canyon formed by Karaçay, a waterway of the Eşen River between Antalya and Muğla.

Salda, Türkiye's deepest freshwater crater lake, has a depth of 184 metres.

Progress Check

Theme 8 Presentation

HERE WE GO!

Destination
1. Reporting news
2. Making interview
3. Talking about sports
On the way
Vocabulary related to sports & extreme sports

SPOTLIGHT

1 **Work in pairs to solve the riddles. Think of as many answers as possible. Then, go to page 99 to check your answers.**

1. What are the most sportive letters in the alphabet?
2. Why is Cinderella so bad at basketball?
3. What nationality are the people who love running marathons?
4. Why are football players good at maths?
5. Why can't fish play volleyball?
6. What happens three times in weightlifting, twice in diving but only once in jogging?
7. I have a chain, but I'm free. What am I?
8. How do we know that football referees love their job?
9. When can you put all the eggs in one basket?
10. I have two wings to fly on snow. Who am I?

2 **Follow the steps given and enjoy writing your own riddle about sports.**

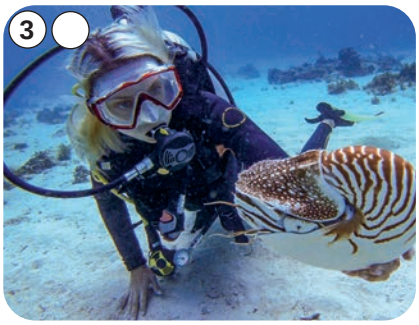
- Decide what you want to ask first. Make sure that your answer is simple enough to guess for your friends.
- Describe the colour, shape, smell, etc. of the answer. Try to make connections in your mind. What is it like? What else does it look like? Take notes.
- Write your riddle and ask your friends.

TUMBLING, TURNING AND TWISTING

1 **Read the statements and tick (✓) the ones that are true for extreme sports. Share your ideas with the class.**

Extreme sports include	stress-free acts.	
	adrenaline-rushing thrills.	
	some amount of speed.	
	relaxing moments.	
	natural challenges.	
	physical struggle.	
	high level of risk.	

2 **a) Look at the photos of the extreme sports and match them with their names. One is extra.**



a) Skydiving **b)** Rafting **c)** Mountain biking **d)** Scuba diving
e) Extreme snowboarding **f)** Motorcycle jump **g)** Surfing

b) What other extreme sports can you think of? Name them.

3 **Work in pairs. Prepare a dialogue as in the example. Then, act it out.**

Josh: Nowadays, I'm really into watching extreme sports on the Net. Do you enjoy watching them?
Brad: I actually enjoy doing them. I've been doing mountain biking for two years.
Josh: Wow, this is amazing! I have no idea that you are an adrenaline junkie.
Brad: I love taking risks and being adventurous. What about you?
Josh: Oh, I get all the adrenaline just by watching, and it's enough for me.
Brad: If you were to experience one, which one would you try?
Josh: I would definitely try skydiving because it takes my breath away.

4 **Read the sentences and choose the correct answer.**

1. If your bike is well-maintained, you **take/don't take** good care of it.
2. If you try AAF, accelerated free fall, you experience the **slowest/fastest** free fall.
3. If your parachute deploys, it means the parachute is **closed/open**.
4. If your parachute fails to open, AAD, automatic activation device, automatically **deploys/doesn't deploy** the reserve parachute.
5. If you wear a harness, you are tied with straps and belts to be **safe/unsafe**.

8.1 **5** **Listen to the podcast about two extreme sports and tick (✓) the equipments you hear.**

◯ altimeter

◯ cycling gloves

◯ fins

◯ surfboard

◯ life jacket

◯ knee pads

◯ goggles

◯ jumpsuit

8.2 **6** **Listen to the podcast again and write true (T), false (F) or not stated (NS).**

◯ **1.** The podcaster says that only young people can do mountain biking.
◯ **2.** Andy Richardson has a skydiving school in Texas.
◯ **3.** Andy states that mountain biking is for people who are full of energy.
◯ **4.** Andy warns the mountain bikers to be careful while doing jumps and spins.
◯ **5.** Andy tells the podcaster that he loves to be in nature.
◯ **6.** Lisa Brown believes good training is important in reducing the risk of accidents.
◯ **7.** Lisa says that beginners jump alone.
◯ **8.** The podcaster says to his guests that they are very courageous.

8.3 **7** **Listen again and answer the questions with one word.**

1. What is a brain bucket? _____
2. How does Lisa feel with each jump? _____
3. What kind of sport is skydiving? _____

8 **Work in pairs. Answer the questions. Then, report your partner's statements to the class.**

- Why do you think people are interested in extreme sports?
- Why are these sports getting more popular?

ONLY A FASHION OR A TRUE PASSION

1 **Read what Ivan, May and Dave say about extreme sports. Who do you agree with? Share your ideas with the class reporting what they say.**

E.g. Dave says he can't risk his life just to do something fashionable. I agree with him.

Ivan

I started snowboarding in Bansko, Bulgaria when I was a little kid. It was a normal thing to do, so my parents and their friends all used to snowboard. I never thought it was extreme. It was just fun and a great way to get out at weekends. Everybody says that I'm an adrenaline junkie. I say it's just how I breathe.

May

I strongly believe that extreme sports are a true passion. People want to escape the monotony of everyday life. They jump from aeroplanes, dance with the waves on the surfboards. I also enjoy doing these activities. Whoever said "No pain, no gain", I totally agree with them.

Dave

I cannot risk my life just to do something fashionable. There are some crazy individuals who do extreme sports just to show off or to have the feeling of being superior. These sports also involve a high degree of risk. I want to live a quiet life and play badminton.

2 **Have a look at the page in the digital magazine, *No Pain No Gain*, and read the jumbled paragraphs to reorder.**

nopainnogain.ext.sp

TRAIN INSANE OR REMAIN THE SAME

a ◯

Let's take another example, coasteering. If you haven't heard of it before, don't worry, not many people have. If there is an adventurer inside you, coasteering is a unique way to explore the coastline by climbing, cliff jumping and swimming. What you need is an experienced guide. While you are experiencing nature, you will feel proud of yourself when you accomplish the task. "Some moments are hard to describe. Try to make each day your masterpiece," said Alina Wolf, an adrenaline junkie.

b ◯

Researchers at Leeds Beckett University in the UK say that those who participate in extreme sports do it to have a life-changing experience. These experiences enrich the lives of participants and provide a further glimpse of what it means to be human. The researchers have also added that adrenaline junkies who are crazy about extreme sports are not irresponsible risk takers. Actually, they are highly trained individuals with a deep knowledge of themselves. They think the experience is nameless but absolutely life-enhancing and life-changing.

3 **Read the digital magazine again and write true (T) or false (F).**

1. Nowadays, people have stopped practising extreme sports as they are quite scary.
2. How adrenaline junkies feel about the experience is really hard to explain.
3. Those who are fond of extreme sports hate responsibility.
4. A triathlon is a type of multisport race which involves swimming, biking and running.
5. Coasteering has been a very popular sport among people.
6. Researchers say that there is a strong link between extreme sports and a higher level of happiness and joy.

Discuss the following sayings with the class.

- If you think adventure is dangerous, try routine. It's lethal.
- Freedom lies in being bold.
- Your wings already exist. All you have to do is to fly.

4 **a) Would you ever try an extreme sport? Why/Why not?**

b) Write an email to a friend explaining your reasons.

New message

SEND

c The popularity of extreme sports is increasing although these activities such as BMX (Bike Motocross), volcano boarding and base jumping are really risky. At the same time, a decline has been going on in other activities which are considered to be more traditional, including basketball and tennis. Then, the big question comes "What motivates people to do extreme sports?"

d "As it is clearly seen in the examples, the experience is really hard to describe in the same way that love is hard to describe," Dr Anna Jones, one of the clinical lecturers, at LBU said. "While you're experiencing adrenaline in your body, another hormone related to happiness, endorphin, appears. It creates a feeling of happiness and joy." Dr Jones added.

e Take for example the world's biggest triathlon, the Ironman, which consists of a 2.4-mile swim, a 112-mile bike ride and off by a 26.2-mile run. All races have to be completed without a break. For those who aren't able to manage such an exhausting event, there is a second option called the Ironman 70.3 with the same line of events but with shorter distances. "The Ironman is really beyond words, and it creates addiction. It helps you push your limits, improve yourself and reach new goals," says John Duke, Ironman Legend.

AN INTERVIEW WITH THE MASTER OF WATER

1 **Do you participate in any sports, or do you only watch them on TV? Share your ideas with the class.**

2 **Alisha is an exchange student in Türkiye. Read her radio interview with the Turkish swimmer Karan Beydemir and complete the missing parts with the questions below. One is extra.**

a) What motivates you the most in your profession?

b) When did you start swimming?

c) What are your future plans?

d) What is the key to your success?

e) What will your message be to our listeners?

f) What drives you to get up in the morning and go to training every day?

Alisha: Good morning, everybody! We're so happy to have Karan Beydemir here with us today. Well, Karan, in your category, you are the only Turkish swimmer, who broke the European and the world records in the men's 100-meter backstroke.
(1)_____
Karan: I think dedication and discipline for any sport are the keys to success. I can say that swimming has been my whole life.
Alisha: Can you tell us a bit about your career? **(2)**_____
Karan: Sure. I was only three when I started swimming, and at the age of fifteen, I was chosen for the national team.
Alisha: **(3)**_____
Karan: I believe that every new day is a big opportunity. I feel really impatient from the time I wake up until I go to the pool. I work with discipline all day long, so training never ends.
Alisha: **(4)** _____
Karan: Actually, my biggest motivations in life are to show how strong human beings are and how we can exceed limits under the right conditions.
Alisha: One more question, **(5)**_____
Karan: Well, I believe they should do what they love and work really hard. We must do everything to contribute to humanity.

3 **Work in pairs. Prepare a similar dialogue as in exercise 2.**

Student A: Imagine that you are an interviewer at a sports channel. Make an interview with a sportsperson you admire. You can also add some more questions if you like.
Student B: Imagine that you are a famous sportsperson. Answer the interviewer's questions.

WRITING A REPORT OF AN INTERVIEW

1 **Read Alisha's interview report about Karan Beydemir on her blog. Complete the missing parts with the words given below. One is extra.**

www.alishasawesome.blog

Alisha's Awesome Blog

told (x2) said (x2) added advised warned

In the interview, Karan Beydemir **(1)**_____ to his listeners that dedication and discipline for any sport were the keys to success, and he also **(2)**_____ that swimming had been his whole life. He **(3)**_____ he was only three years old when he started swimming and had been chosen for the national team at the age of fifteen.

He **(4)**_____ to his listeners that every new day was a big opportunity for him, and he became really impatient from the time he woke up until he went to the pool. He **(5)**_____ that he worked with discipline during the whole day and training never ended.
He explained that his biggest motivations in life were to show how strong human beings were and how they could exceed limits in the right conditions.

He also **(6)**_____ the listeners that they should do what they love and work really hard. He also added that we must do everything to contribute to humanity.

2 **Write a report as in exercise 1. Use your interview notes that you have made with a sportsperson in exercise 3 on page 74 and prepare your report.**

www.

_____
_____
_____
_____
_____
_____
_____
_____.

PRONUNCIATION MATTERS

8.4

A. **Notice that *yes-no* questions usually have rising intonation, and *wh-questions* usually have falling intonation. Listen and repeat.**

1. Have you tried an extreme sport before? ↗
2. Did you watch the match yesterday? ↗
3. What kind of equipment do you need for mountain biking? ↘
4. When did your swimming career start? ↘

8.5

B. **Draw a rising/falling arrow. Then, listen and check.**

1. Are you good at playing any sports? _____
2. What is the key to your success? _____
3. Why do you think people like extreme sports? _____
4. Would you like to play sports for a living? _____

CLIL

PE

Playful Education

1 **Answer the questions with your partner.**

- Do you know what PE stands for in schools?
- What other words can you find for these initials (PE)?

  E.g. Playful Education

  Play Everywhere
- What three images come to your mind about PE?

2 **Complete the interview with the sentences below. One is extra.**

a) it is the shortest way

b) some sports equipment is quite expensive

c) PE is the most important subject at school

d) younger people don't exercise much today

e) it helps you learn better and be fair in a team

Andrew: Mr Bright, can you tell us why you always say **(1)**____?

Mr Bright: Good question, Andrew. Listen! The only school subject that promotes both physical and emotional health is physical education. Also, **(2)**____.

Andrew: You're totally right, Mr Bright.

Mr Bright: Well, that's why PE should be a core subject, just like maths, science and history.

Andrew: Why do you think so, Mr Bright?

Mr Bright: This is ancient wisdom, Andrew. We know that our body and mind are connected. However, **(3)**____.

Andrew: The solution itself is in PE classes you say, right?

Mr Bright: For sure, **(4)**____. Every school should give a healthy start to every student together with the education and skills for a healthy life.

Andrew: Thank you, Mr Bright.

3 **What is the message Mr Bright wants to give? Write and share your ideas with the class.**

_____.

4 **Write two questions you want to ask your PE teacher. Then, make a mini interview with her/him.**

_____

_____

_____

_____.

Progress Check

Theme 9 Presentation

HERE WE GO!

Destination
1. Describing events, places and people
2. Asking for and giving clarification
On the way
Vocabulary related to describing people, places or events

SPOTLIGHT

1 Read the proverbs about friendship. Which one do you like most? Give your reasons.

A sweet friendship refreshes the soul.

A friend in need is a friend indeed.

Friendship is a flower that blooms in all seasons.

2 Work in pairs and write your motto about friendship.

_____

3 Read the speech bubbles. Match the speakers with their best friends you see next to the photo. One is extra.

a) Dennis
They listen and do not judge. They're the best at keeping secrets. Moreover, I never need an alarm clock to wake up in the mornings.

b) Mia
Their stories always make me laugh and forget my troubles. They love naps as much as I do. Also, they are constantly there for me.

c) Tom
They try to find answers to my never-ending questions. They make me smarter and a better person. I can take them with me wherever I go.

◯ 1. grandparents

◯ 2. books

◯ 3. plants

◯ 4. pets

HAVE A SOFT SPOT FOR GOODNESS

1 **What kinds of events are held at your school? Have you ever participated in one of them? Share your experiences with the class.**

2 **Guess the meaning of the bold phrases and choose the correct option.**

1. Every June, we **hold a fundraiser** at our school to help those in need.
   - **a)** to plan a party to celebrate something
   - **b)** to organise a social event to make money for a purpose
2. There are big foundations that **raise money** to protect the environment.
   - **a)** to collect money for a charity
   - **b)** to lend money to an organisation
3. Fans must **make a donation** in order to vote for their favourite team.
   - **a)** to give money to help a person or an organisation
   - **b)** to save money to achieve your goals
4. You don't have to **pay a fee**; all the facilities are free during the festival.
   - **a)** to spend money on unnecessary things
   - **b)** to give someone money for goods or services
5. We plan to hold an exhibition where the students can **display** their **artworks**.
   - **a)** to show art pieces
   - **b)** to paint pictures

3 **a) Match the fundraising events with the photos. One is extra.**

a) Scavenger hunt | **b)** Board game tournament | **c)** Bake sale | **d)** Yard sale | **e)** Art show | **f)** Creating a T-shirt | **g)** Battle of the Bands

1 ◯

2 ◯

3 ◯

4 ◯

5 ◯

6 ◯

b) Complete the definitions with the fundraising events. Two events are extra.

1. _____ is an event where pastries are baked and sold to make money.
2. _____ is an exhibition in which artists display their work.
3. _____ is an event where people sell used items outside a house.
4. _____ is a music competition in which the winner is decided by audience vote.
5. _____ is a game in which players must collect various items in a limited time.

9.1 **4** **Listen to the radio programme where Oliver, Gina and Leila are talking about the school fundraising events. Write their favourite events under the photos.**

_____ _____ _____

9.2 **5** **Listen to the radio programme again and complete the table.**

	Purpose	Time	Place	Fund raised
Battle of the Bands				
Scavenger hunt		first Sunday of March		£2,500
Art show	to support the education of young artists			
Yard sale			at school	-

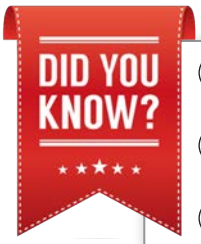
6 **Work in pairs. Choose an event you would like to attend from exercise 5 and describe it without giving its name. Try to find each other's favourite event.**

Let's Think Aloud

Work in pairs and discuss the questions below with your partner.

- Do you think that participating in a fundraiser with your friends strengthens your friendship? Why/Why not?
- Which is more effective: buying items at a fundraiser or working to raise funds for them?

1 **Read the interesting facts about Özlem Türeci and Uğur Şahin and tick the ones you know. If you have additional information about them, fill in the K column in exercise 6.**



- ◯ The couple, who are the founders of a German biotech company, were at the top of the EU's list of the most inspiring people in 2021.
- ◯ They got one of Germany's most prestigious medical awards for their scientific success.
- ◯ Their team produced a cancer-curing vaccine that strengthens the immune system.
- ◯ Their cancer vaccination results mark a new era in fighting hard-to-treat diseases.

2 **What do you want to know about Özlem Türeci and Uğur Şahin? Write what you are curious about the couple in the W column in exercise 6.**

3 **Read through the article quickly and fill in the blanks with the correct option. One is extra.**

a) who have dedicated their lives to science
b) which they drink every day
c) which is a small city near Frankfurt, Germany
d) whose parents were Turkish workers
e) where they develop different medication
f) where her father was working

4 **Match the highlighted words in the text with their definitions.**

1. a certain way of looking at something; a point of view _____
2. a high-IQ person who plans and achieves complex tasks _____
3. a person who starts something with the help of another person _____
4. highly important and worthy of attention; remarkable _____
5. an exercise machine that allows you to walk or jog without moving forward _____

MASTERS OF mRNA VACCINATION

Prof Özlem Türeci and her husband, Prof Uğur Şahin, live in Mainz, **(1)**_____. They've become the world's greatest hope in this place. Well, who exactly are these notable scientists?

Özlem Türeci and Uğur Şahin are two masterminds who run a well-known biotechnology company that has developed the RNA-based COVID-19 vaccine.

Özlem Türeci is a passionate physician, scientist and business owner. She was born in 1967 in Germany to a Turkish immigrant family from Rize. Her father was a surgeon in Lastrup. When she was a child, she was inspired by the nurses helping people at the hospital **(2)**_____. Over the years, what inspired her has become her occupation. Türeci and her husband are the co-founders of a biotech company that uses the immune system to fight cancer and other diseases.

Uğur Şahin is a visionary oncologist and immunologist who works passionately to develop new perspectives in science. He was born in 1965

5 **a) Tick (✓) the qualities that have helped Özlem Türeci and Uğur Şahin to be successful.**

- ◯ **a)** visionary
- ◯ **b)** careless
- ◯ **c)** humble
- ◯ **d)** passionate
- ◯ **e)** unmotivated
- ◯ **f)** devoted

b) Now, match each quality with a statement below.

- ◯ **1.** They have dedicated their lives to expanding scientific knowledge.
- ◯ **2.** They eagerly make the ideas that inspire them into a reality.
- ◯ **3.** They have a clear perspective to create new scientific ideas.
- ◯ **4.** Their wealth has no effect on their simple lifestyle.

6 **Fill in the L column below with the information you've learned from the article.**

K.W.L. Chart

K What I Already Know	W What I Want to Know	L What I Have Learned

7 **Write a similar article about one of your teachers or friends for the school magazine using the template in the appendix on page 100.**

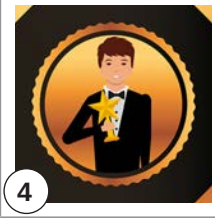
in İskenderun. He moved to Germany with his mother when he was four to live with his father, who worked in a factory. He enjoyed football and reading science books as a child. He was the school's first student **(3)**_____. After graduation, he started working at the University Hospital of Saarland, where he met his future wife, Özlem Türeci. They got married in 2002 and had a daughter.

Despite becoming millionaires as a result of their success, the humble couple haven't changed their lifestyle at all. They still live in their small flat and ride their bikes to work. They begin their day by jogging along the river at around 5 a.m. They are both incredibly diligent individuals. They work about 18 hours a day and sleep very little. They don't eat much, but they always have fresh vegetable juice in their fridge, **(4)**_____. During their very little free time, they enjoy watching films on the treadmill.

In short, this couple can best be described as devoted. They are two amazing people **(5)**_____.

1 **How well do you know your classmates? Share your ideas with the class.**

2 **a) Make guesses about your partner and write them in the table.**

1	2	3	 4	5
the date when s/he was born:	the place where s/he last went on holiday:	a dish which s/he is good at cooking:	the person whom s/he wants to meet one day:	the country that s/he wants to visit:
6	7	8	9	10
the type of music that s/he enjoys dancing to:	a family member who makes him/her laugh a lot:	a movie or book which s/he can recommend:	someone whom s/he gets on well with:	the most exciting sporting event that s/he has ever seen:

b) In pairs, interview each other to find out if your guesses were correct. Ask for more information.

E.g.

Is the date when you were born February 13th?

Yes, it is./No, it isn't. It's November 5th.

PRONUNCIATION MATTERS

9.3

A. Listen and repeat. Notice the pronunciation of *assimilation* or *elision* in the bold words.

1. **Would you** like tea? /wʊdʒə/
2. I like **good coffee**. /gʊgˈkɒfi/
3. What's the date **today**? /tˈdeɪ/
4. I **helped them** with the project. /helpðəm/

9.4

B. 1. Listen carefully to the bold words and underline the letters with *assimilation* or *elision*. Then, listen again and repeat.

1. I need a **red bag**.
2. Do you **have to** go?
3. He'll call you **next week**.
4. I ate a **sandwich**.

WRITING ABOUT MY HOMETOWN

1 **Answer the questions in pairs. Then, share your answers with the class.**

- What do you like the most about your hometown?
- What's your hometown famous for?
- What are the main attractions in your hometown?

2 **Read the booklet prepared for the city of İzmir. Tick (✓) Yes or No.**

MY HOMETOWN

About İzmir

İzmir is the third most populated city in Türkiye, after İstanbul and Ankara, and the second largest metropolitan centre on the Aegean Sea after Athens.

Extra Info

It has a population of 4,367,251. The city enjoys a Mediterranean climate with hot summers. It has a specific geographical location. It is surrounded by the Madra Mountains in the north, the Kuşadası Gulf in the south, the Çeşme Peninsula and the İzmir Gulf in the west and Manisa in the east.

History

İzmir has a recorded urban history of 3,000 years and an 8,500-year human settlement history since the Neolithic period. Due to its special location in the middle of the western Anatolian coast, the city has been one of the major trade ports on the Mediterranean Sea for most of its history..

Interesting Facts

- İzmir Clock Tower is the most famous landmark in İzmir, yet it is not the city's oldest clock tower.
- Urla is home to one of the world's three quarantine islands.
- The oldest olive oil factory in the world is in İzmir.
- The Temple of Artemis in Ephesus, one of the Seven Wonders of the World, is in Selçuk.

Cuisine

The locals' favourite foods are green leafy vegetables and wild plants. *İzmir köfte, sulu köfte, keşkek, zerde* and *mücver* are some of the most popular foods here. *Boyoz* and *lokma* are İzmir-related pastries. *Kumru* is a Çeşme-specific sandwich made with cheese, tomato and pepperoni.

	YES	NO
1. Its location makes İzmir an important trade port in the Mediterranean.	◯	◯
2. Kuşadası Gulf is in the west of İzmir.	◯	◯
3. İzmir is the second largest Aegean city after Athens.	◯	◯
4. One of the world's three quarantine islands is in Çeşme.	◯	◯
5. The residents of İzmir prefer veggies over meat dishes.	◯	◯

3 **Now it's your turn. In your notebook, write a booklet to describe your hometown using the spider map in the appendix on page 101.**

CINQUAIN POEM

1 **Do you agree with the statement below? Share your opinions with the class.**

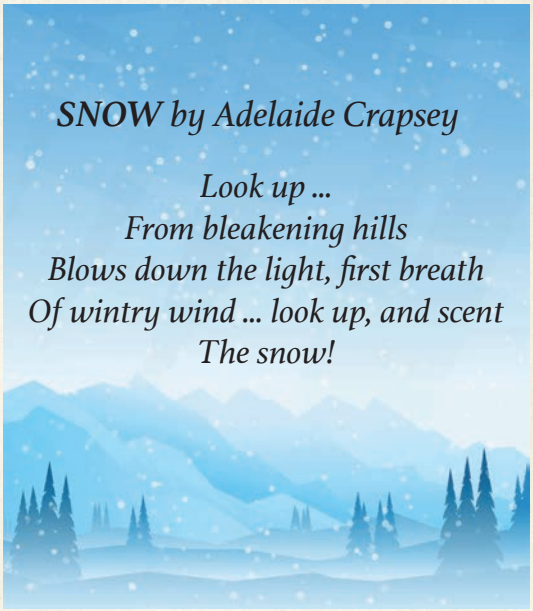
Not everyone can write poems; it requires a certain level of education, knowledge and skill.

2 **Read the text using the glossary and fill in the blanks with the correct option. One is extra.**

a) These gentle and meaningful lines, as the title suggests, describe snow
b) People use the term "cinquain" to refer to the American cinquain of the early 20th century
c) Cinquain poetry is not popular among readers
d) She followed specific syllable rules in order to express herself poetically

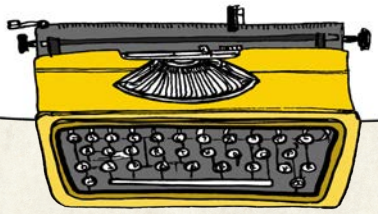
A cinquain is a five-line poem. It is comparable to the Japanese tanka, which has five lines and 31 syllables. **(1)**_____. Adelaide Crapsey, an American poet, was the first to present her own version of the cinquain in *Verse*, a collection of biographical essays. Her collection of 28 cinquains inspired the development of a new form different from all other five-line poems. **(2)**_____. As a result, her poetry is short and simple, gentle, imagistic and, most importantly, sensitive, which makes it such a pleasure to read. See one of Crapsey's finest cinquains to the right of this paragraph. **(3)**_____. Even though the lines don't rhyme, they all describe the same scene in their own unique way.

The best cinquains tell a short story in only five lines. In addition to describing words, they usually have an action, an emotion caused by the event and a conclusion. If you intend to write a cinquain, keep in mind that it does not allow for a rich plot. Choose a minimal theme for your main story and stick to it.


SNOW by Adelaide Crapsey
Look up ...
From bleakening hills
Blows down the light, first breath
Of wintry wind ... look up, and scent
The snow!

GLOSSARY

line: a row of words on a page
syllable: a part of a word
rhyme: having lines that end with the same sound
imagistic: giving clear and colorful details
essay: a short piece of writing
plot: the main events in a poem, play, novel or movie



3 **Now that you've written your poem, say if you agree or disagree with the statement in exercise 1. Have you changed your mind?**

4 **Write your own cinquain poem following the guidelines in the appendix on page 102. Read your poem in the class.**

Progress Check

Theme 10 Presentation

HERE WE GO!

Destination
1. Expressing opinions
2. Exchanging ideas
3. Making comments

On the way
Vocabulary related to values & norms

SPOTLIGHT

1 Read the quote. If you define your character, which two values come first? Fill in the blanks.

"Freedom and independence is my character."

Mustafa Kemal Atatürk

_____ and _____ is my character.

2 What do the following phrases mean? Choose a or b.

- ◯ **1.** follow your principles
- ◯ **2.** go against your principles
- ◯ **3.** stick to your principles
- ◯ **4.** betray your principles

a) be faithful to what you believe

b) do something that you don't believe is right

3 a) Complete the bubbles with the values given below. One bubble is extra.

forgiveness | freedom | discipline | justice

1. I want to live according to my own beliefs and principles. I'm a person of _____.
2. I never betray my principles, I set my goals and keep going. _____ is everything to me.
3. I stick to my principles, mainly _____. I firmly believe we deserve equal rights.
4. I believe that we all make mistakes and that we all deserve a second chance. _____ comes first for me.
5. I follow my only principle, then, the others surely come. It is _____ you know. It makes the world go round.

b) What value do you think the extra bubble is about?

1 **Read the quote below and try to explain the message that Einstein wants to give. What is the best way to be a human being of value? Share your ideas with the class.**

"Try not to become a man of success, but rather try to become a man of value."

Albert Einstein

2 **Match the bold words with their synonyms below. One is extra.**

1. Moral **values** teach us what is right and what is wrong in life and help us to become a good person.
2. In most parts of the world, it's a **custom** for brides to wear white at weddings.
3. One of the most important things before going to any country is to know what their cultural and social **norms** are.
4. Each country's social **etiquette** is different from the others.

a) rules **b)** morality **c)** tradition **d)** principles **e)** diversity

3 **Complete the comments with the words given below. One is extra.**

friendship **generosity** **honesty** **respect** **equality**

Alara

I really appreciate Germans' orderly life. They follow the rules and show _____ to each other. That's why they're well known for their punctuality.

Leo

The best thing about life in Mexico is the friendliness of the people. I was fascinated with their hospitality. These warm-hearted people make contact with foreigners and create a _____ easily.

Jaya

Contrary to its cold climate, Icelanders are really warm people. As a woman, I was very impressed to see women treated well and respected in society. Icelanders give much importance to gender _____ and women rights.

Dave

In Indonesia, there's a saying, "It's better to have your hand above than below," which means "it pays to be charitable." _____ is the basic principle of this society where people are eager to donate money, help a stranger and volunteer.

4 **Work in pairs and make comments about the moral values and norms of different cultures as in exercise 3.**

10.1 **5** **Listen to the talk show between the host and the humanoid robots, Sonia and Ian. Find out what they are talking about.**

_____
_____
_____.

10.2 **6** **Listen to the talk show again and choose the main idea of it.**

- ◯ **a)** We should observe each culture and learn their social norms.
- ◯ **b)** We need to shape societies with modern values by using artificial intelligence.
- ◯ **c)** Robots can imitate human beings, but they cannot feel the same as them.

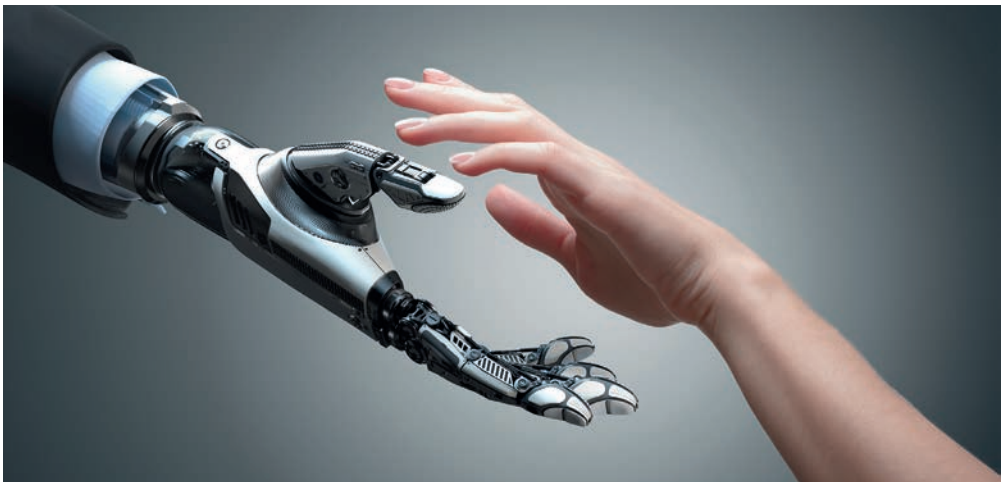
10.3 **7** **Listen again and write true (T), false (F) or not stated (NS).**

- ◯ **1.** Robots learn the rules of robotiquette to be able to contact better with humans.
- ◯ **2.** Sonia and Ian seemed a little bit confused with the different social norms of each culture.
- ◯ **3.** Both Japanese and Arabs bow to each other as a sign of greeting.
- ◯ **4.** Neither Germans nor Brazilians use a fork and knife while eating.
- ◯ **5.** In some countries, they didn't feel comfortable.

8 **a) Work in pairs. Compare the greeting customs and the table manners of the countries you heard in exercise 5 with your country as in the example.**

E.g. Both Turkish people and most Europeans kiss on the cheek twice while greeting.

b) What are the moral values and social norms of your society? Do you think robots could be programmed with norms and values in the coming future? Share your ideas with the class.



VARIETY IS THE SPICE OF LIFE

1 **Work in pairs. Read the proverbs from different cultures. Do you have similar sayings and proverbs in your own language? Share your ideas with the other pairs.**

A bad worker blames his tools.
Australian Proverb
When in Rome, do as the Romans do.
American Proverb
A tree is known by its fruit.
African Proverb
Drop by drop you break the rock.
Italian Proverb
Fall down seven times, get up eight.
Japanese Proverb

2 **If you could choose three aspects of your culture to put in a time box for the future, what would you put in it? Share your ideas with the class.**

3 **Read the page from a school e-magazine and choose a catchy title for the page.**

A. APPRECIATE THE SIMILARITIES, RESPECT THE DIFFERENCES

B. NO CULTURE SHOCK, NO CRY

C. A FOREIGN ACCENT IS A SIGN OF BRAVERY

www.schoolemagazine.mag

Travelling to a new country, studying or working abroad is going to change you. Although many people who travel abroad experience a degree of culture shock, it is nothing to be afraid of. Besides, it is a positive thing. It helps you grow both as a traveller and a person. Below are two culture shock stories from young adults around the world.

Matthew, Croatia

Before I went to Japan with an intercultural programme, I heard and read lots of things about Japan's culture. In fact, I didn't believe what I heard. When I arrived at the Tokyo Haneda Airport, I began to understand everything was really different in Tokyo. I wasn't sure how and where to take the train into the city centre, so I approached a woman in uniform and asked where I could take the train. To my surprise, she didn't speak a word of English. She spoke very quickly in Japanese, and when she saw my confused eyes, she smiled and bowed. I felt like I should learn Japanese. Luckily, I was able to find someone to guide me. After buying my ticket, I saw on the time schedule that the train would arrive in 3 minutes. The train arrived exactly on time, which gave me a great shock. In my country, trains are not so punctual. On the train, I never heard anyone say a single word. No conversation, no phone calls, no music. I was just hearing the sound of the train travelling at high speed. "Everything here seems strange," I murmured to myself. I found out soon that it was very rude to talk on the

4 **Work in pairs. Scan the e-magazine and summarise Matthew and Hanna's culture shock experiences in your notebooks.**

5 **Read the text in the e-magazine again and choose the best sentence for the main idea.**

a) If you are planning to study abroad, you should think twice before leaving your comfort zone.

b) Experiencing culture shock has a powerful and positive impact on the rest of your life.

c) When you are surrounded by an unfamiliar culture, you have got lots of reasons to panic.

Discuss the following sentences with the class.

- The beauty of the world lies in the diversity of its people.
- When you see the moon shine on the other side of the world, you are not the same.
- The world is a small global village, and despite our differences, we are all similar and interconnected.

6 **Search for some culture shock stories from travellers around the world and write an essay about why experiencing culture shock is good for young adults. Follow the steps below:**

- Do research.
- Make an outline.
- Write an introduction paragraph including a thesis statement.
- Write your body paragraphs (1-3) developing your ideas.
- Write a conclusion paragraph backing up your thesis statement.
- Find a catchy title for your essay.
- Proofread your essay.

trains. I stayed in Tokyo for one and a half years and came back to my hometown, Zagreb with valuable lessons. Now, I can say that experiencing a new culture gives you the opportunity to become a global citizen. These experiences change the way you think and the way you act. They shape you for the better. For instance, I keep learning Japanese, and I never talk on the phone on public transport.

Hanna, Poland

In 2018, I attended the Erasmus programme in İstanbul. My ambition was to learn about a different culture, language and cuisine while studying psychology. I stayed in a hostel where I met many Erasmus students from Europe. Wherever I went in Türkiye, there was always someone willing to help me and show me the way. I was invited to lots of dinners and other events. Actually, my first invitation was from a Turkish lady I met at the Warsaw Chopin Airport while I was waiting for my flight to İstanbul. I hadn't even set foot in Türkiye, but I was experiencing its famous hospitality. I stayed in İstanbul for a year, and I loved its people, language and food. The people always drink *çay*, the Turkish tea, which is my favourite drink in the whole world. It's both exciting and liberating to taste new food, meet different people, learn some words in a new language and even experience culture shock. Variety is the spice of life, I suppose.

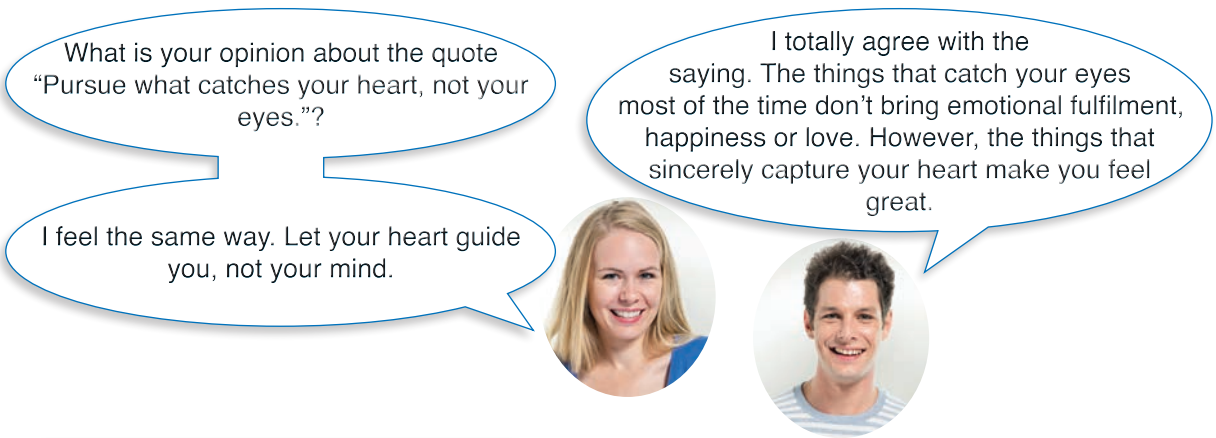
GO EVERYWHERE WITH ALL YOUR HEART

1 **a) Match the sentence halves to make meaningful quotes.**

◯ **1.**	We can't help everyone,	**a)**	growth strategy.
◯ **2.**	Clothe yourself	**b)**	complaint is poverty.
◯ **3.**	Make generosity part of your	**c)**	with compassion.
◯ **4.**	You can accomplish anything by kindness,	**d)**	not your eyes.
◯ **5.**	Gratitude is richness whereas	**e)**	but everyone can help someone.
◯ **6.**	Pursue what catches your heart,	**f)**	what you cannot by force.

b) Work in pairs. Prepare a similar dialogue with the quotes above. Use the given expressions in the table as in the example. Then, act it out.

Asking for opinions	Expressing opinions	Agreeing/Disagreeing
What do you think of … ? Do you have an idea about … ? What is your opinion about … ? How/What about … ?	I think … I believe … In my opinion, … I personally feel that … That probably means …	I feel the same way … I totally agree with you … Maybe you're right (but) … I don't agree (because) … I'm afraid I disagree … I'm sorry, but I think …


What is your opinion about the quote "Pursue what catches your heart, not your eyes."?
I totally agree with the saying. The things that catch your eyes most of the time don't bring emotional fulfilment, happiness or love. However, the things that sincerely capture your heart make you feel great.
I feel the same way. Let your heart guide you, not your mind.

PRONUNCIATION MATTERS

10.4

A. There are two different pronunciations of *either* and *neither*. Listen and practise.

	BrE	AmE
either	/ˈaɪðə(r)/	/iː.ðə(r)/
neither	/naɪðə/	/niːðə(r)/

10.5

B. Listen and tick the sounds you hear in the words *either* and *neither*.

	/aɪ/	/iː/
1. Either appear as you are or be as you appear.		
2. I either call or send a message to my teachers on Teacher's Day.		
3. We should be neither dishonest nor mean in our relationships.		
4. Japanese people neither hug nor kiss while greeting.		

WRITING SLOGANS ABOUT MORAL AND SOCIAL VALUES

1 **Read the slogans and match them with the places. One slogan is extra.**

(a) We plan, you pack!

(b) Justice first, then comes peace.

(c) Turn the page to fly away from the cage!

(d) Here and there, home everywhere!

(e) Health for all, all for health!

(f) Everyone is an achiever!

(g) Nothing acts better than a star!

◯ Library

◯ Theatre

◯ Hotel

◯ Courtroom

◯ Travel Agency

◯ Hospital

2 **Write at least three slogans on moral and social values (kindness, honesty, love, justice, gratitude, compassion, respect, etc.) in the spaces provided, following the steps with your partner.**

- Brainstorm a word list about your topic.
- Keep it short and simple.
- Make it timeless.
- Give your message clearly and effectively.

CLIL

Sociology

SOCIETY IN MINIATURE

1 **Look at the idiomatic expressions. Match them with their definitions. One is extra.**

1. fly the nest
2. all in the family
3. blood is thicker than water
4. own flesh and blood
5. run in the family

a) one's own relatives, one's own kin

b) to leave the parents' home for the first time to live somewhere else

c) about the unique power of family ties to unite all members in a family

d) (for a characteristic) to appear in two or more members of a family

2 **Read and complete the text using the idiomatic expressions in exercise 1.**

SOCIETY IN MINIATURE

As long as we learn to live in a family, we learn to live in society. Family is the smallest part of society. It is a small shell with the whole world inside. It is a first aid kit that has all kinds of plasters at the same time. In our family, we can find love, security, trust, respect, loyalty, tolerance and helpfulness and so on. Even if we are far away from them, we know that we are loved. We know that we are like our parents, as kind as our mother and as brave as our father. You know it **(1)**_____.
We usually do not understand family is the best until the time we **(2)**_____. Away from our family, we somehow notice that **(3)**_____. We know that they will always be there for us and that we are their beloved kids no matter where we are. We are their **(4)**_____ in the end.
Family life provides us with an excellent opportunity to develop self-esteem, responsibility, and generosity. Family is a teacher that teaches us how to live better and is a school that prepares us to live in society. Emile Durkheim, a French sociologist, claimed that "School is a society in miniature." If so, why not a family?

3 **Close your books. Ask your partner how many values s/he can remember from the text. Who can say more; you or your partner?**

Progress Check

APPENDICES

THEME 1

1D - EXERCISE 2

2 a) Match the parts of the outline below with the parts of Mila's letter of intent on page 19.

a) **Body** (Include your qualifications and achievements as it relates to the job.)

b) **Closing and signature** (Be professional and use business terms.)

c) **Call to action** (Politely express your interest in the position and the company. State that you look forward to hearing from your contact.)

d) **Introduction** (Include your name, a brief summary of your background and reason for writing.)

e) **Greeting or salutation** (Always address the letter to a specific person or the name of the employer/hiring manager.)

b) Choose one of the job ads on pages 93-94 to write a letter of intent. Follow the outline given above.

Comic Book Writer

Freelance Remote Position

Job Description

FWE is looking for talented and passionate freelance comic book writers to join our team and work with writers all over the world! FWE is the most respected comic book culture website in the world. If you are eager to make an impact in the world of comics, FWE will be pleased to welcome you. You will be responsible for writing 2-3 news articles daily. You will also stay up to date on the latest news and trends in video games.

Application Requirements

- Bachelor's degree in English Literature with Creative Writing and Publishing
- Intent letter
- CV

Job Requirements

- Relevant experience in writing and editing
- Available at peak hours and strategic posting times strongly preferred
- Weekend availability plus

The hiring team at FWE will be back to you as soon as possible if we think you would make a sound contribution to the team.

Clinical Animal Behaviourist

Job Details

Are you a veterinary behaviourist who wants to make a difference? We are seeking clinical animal behaviourists who work on veterinary referral, helping the owners of companions such as dogs, cats, horses, rabbits and birds. You will also be responsible for giving seminars/ webinars and developing online support for those who want to enter the profession.

Working Conditions

Consultations may take place in a clinic, the owner's home or in an outside location such as stables, kennels and rescue centres, so you will need to be prepared to travel.

Required Qualifications

- Bachelor's degree or higher in veterinary medicine/veterinary
- Technology/Animal science from an accredited university
- Good listening, analytical and communication skills

Contact us at pureclinic@email.com with your CV and letter of intent.

3D EXERCISE 4

OPINION ESSAY TEMPLATE

Introduction paragraph: Introduce the topic and write what the essay is about. Then, write a thesis statement and the reasons supporting your opinion.

Sentence starter for your opinion: In my opinion/I believe/I prefer/I think that/For me

Introduce the topic _____

Thesis statement and reasons _____

Middle paragraphs 1 and 2: State your opinions. Include supporting statements and examples.

Sentence starter for your middle: To start with/Another reason/Most importantly

Reason: _____

Example: _____

Reason: _____

Example: _____

Middle paragraph 3: Write an opposing view, supporting statement and example. Add a counter-argument.

Sentence starter for your opinion: On the other hand/However/Nevertheless

Reason: _____

Example: _____

Conclusion Paragraph: Finish the essay with the opposing view and rewrite your own opinion.

Sentence starter for your conclusion: In conclusion/To sum up/As you can see

5B EXERCISE 3

Word in Context	definition
1. We don't know if the new cancer treatment is useful or harmful. Its long-term effects are **questionable**.	
2. Having **fulfilling** hobbies is one of the keys to personal happiness.	
3. I finished studying and **napped** until dinner.	
4. After the earthquake, the first **priority** was rescuing children.	
5. Don't fight with the problem. **Embrace** it and find a way to solve it.	
6. It's so boring to listen to Jane's **ramble** on before saying what she wants to say.	

a) something that you believe is more important than others and should be done first
b) sleeping for a short time during the day
c) accepting a belief, theory or change openly and easily
d) making someone happy and useful
e) talking about somebody/something in a boring way, especially for a long time
f) not certain, clear or wrong in some way

7A EXERCISE 5a

1 **Look at the short presentation about Aphrodisias and fill in the blanks with the given words. One is extra.**

a) temple **b)** heritage **c)** south-west **d)** tourist **e)** excavations

APHRODISIAS

Aphrodisias is a well-preserved Roman city in the **(1)**_____ of Türkiye. It was known in ancient times for its Aphrodite **(2)**_____ and marble sculptors. It has been known to visitors and travellers since the 18th century and has been the focus of studies since the early 20th century. New York University has been conducting **(3)**_____ with the Turkish Ministry of Culture and Tourism and Oxford University in the area since 1961. Aphrodisias was added to the UNESCO World **(4)**_____ List on 9 July 2017.

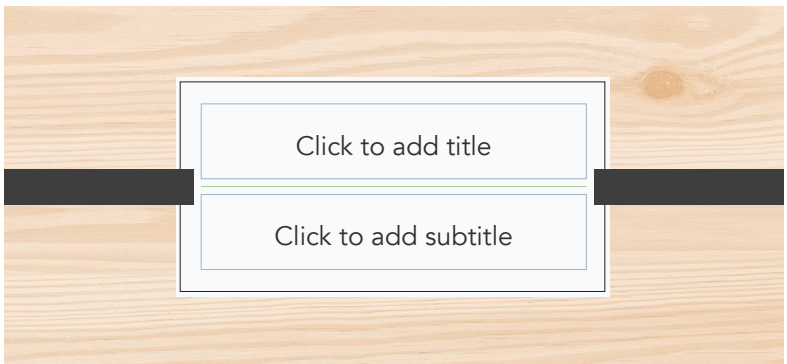
2 **a) Prepare a presentation.**

- Look up information about the monument you've chosen on the Internet.
- Gather, read and organise the information you've found in one place.
- Use your notes to write your text in your own words.
- Do not copy and paste the sentences that do not belong to you.

b) Your presentation should answer the questions below:

- Where is it located?
- What are the main characteristics of the monument?
- What is its historical significance?

c) Open a blank presentation slide.



d) Add your text and photos.

e) Make as many slides as needed. Make sure your presentation is neither too short nor too long.

7D EXERCISE 4

Write a blog post describing a place to visit in Türkiye. Include the following information:

- where you are, the place you are staying at and how you feel
- the things you did yesterday and your plans for tomorrow
- where you have shopped and what you recommend buying as a souvenir

SPOTLIGHT EXERCISE 1

1 Key to the riddles on page 69

1. PE.
2. Because she keeps running away from the ball.
3. The Finnish.
4. Because they know how to use their heads.
5. Because they have the net phobia.
6. The letter *i*.
7. Bicycle.
8. Because they whistle while working.
9. During a basketball match.
10. A skier.

9B EXERCISE 7

1 **Write an article about one of your teachers or friends for the school magazine by completing the outline below.**

☼ In *Thesis Statement* section, write the general traits of the person you will introduce.

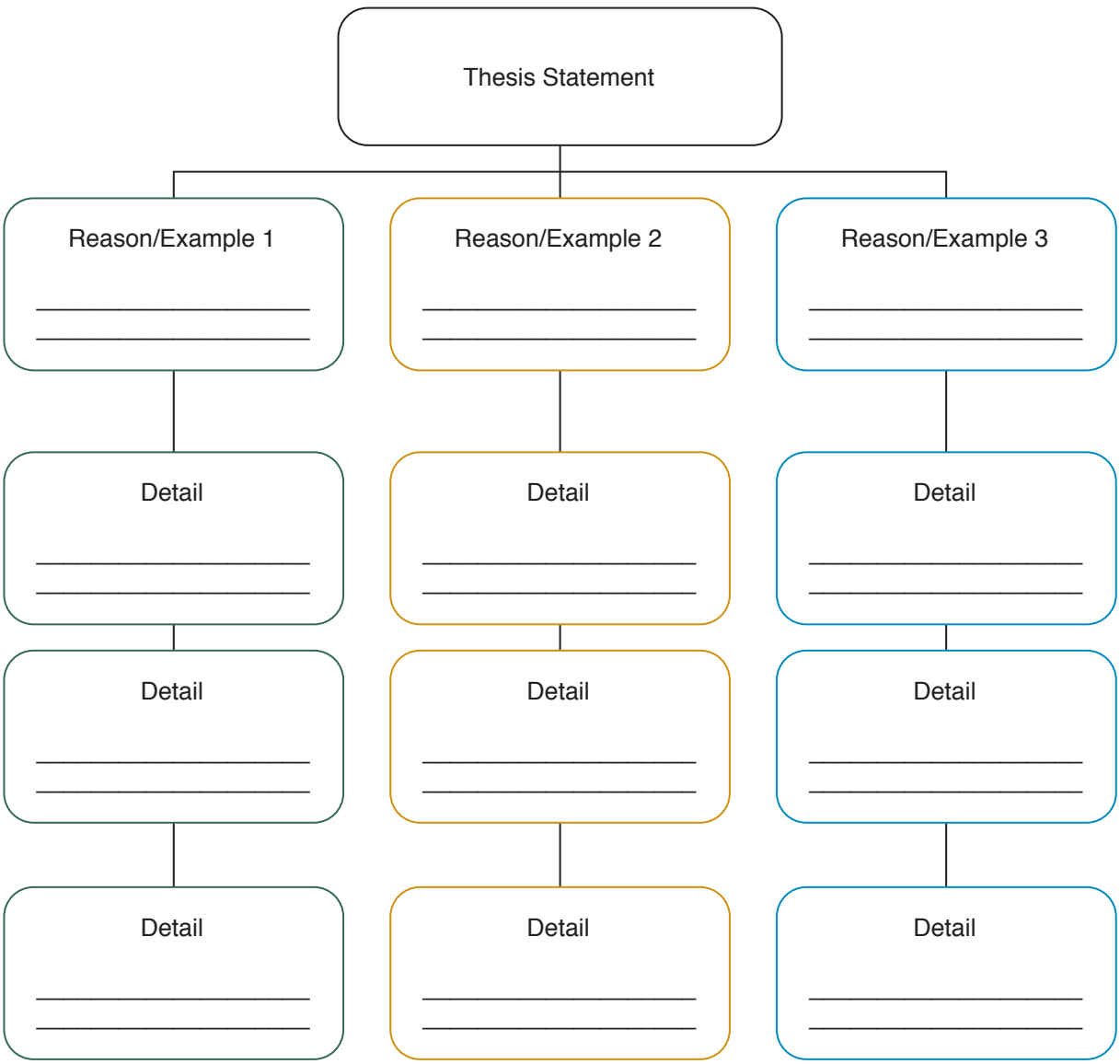
E.g. Alex Packer, who is a close friend of mine, is a really giving and thoughtful person.

☼ In each *Reason* section, write a different quality of the person you're describing.

E.g. He is a very caring person.

☼ In each *Detail section*, write a line explaining the qualities you've described.

E.g. He always visits me when I'm sick and cooks for me.



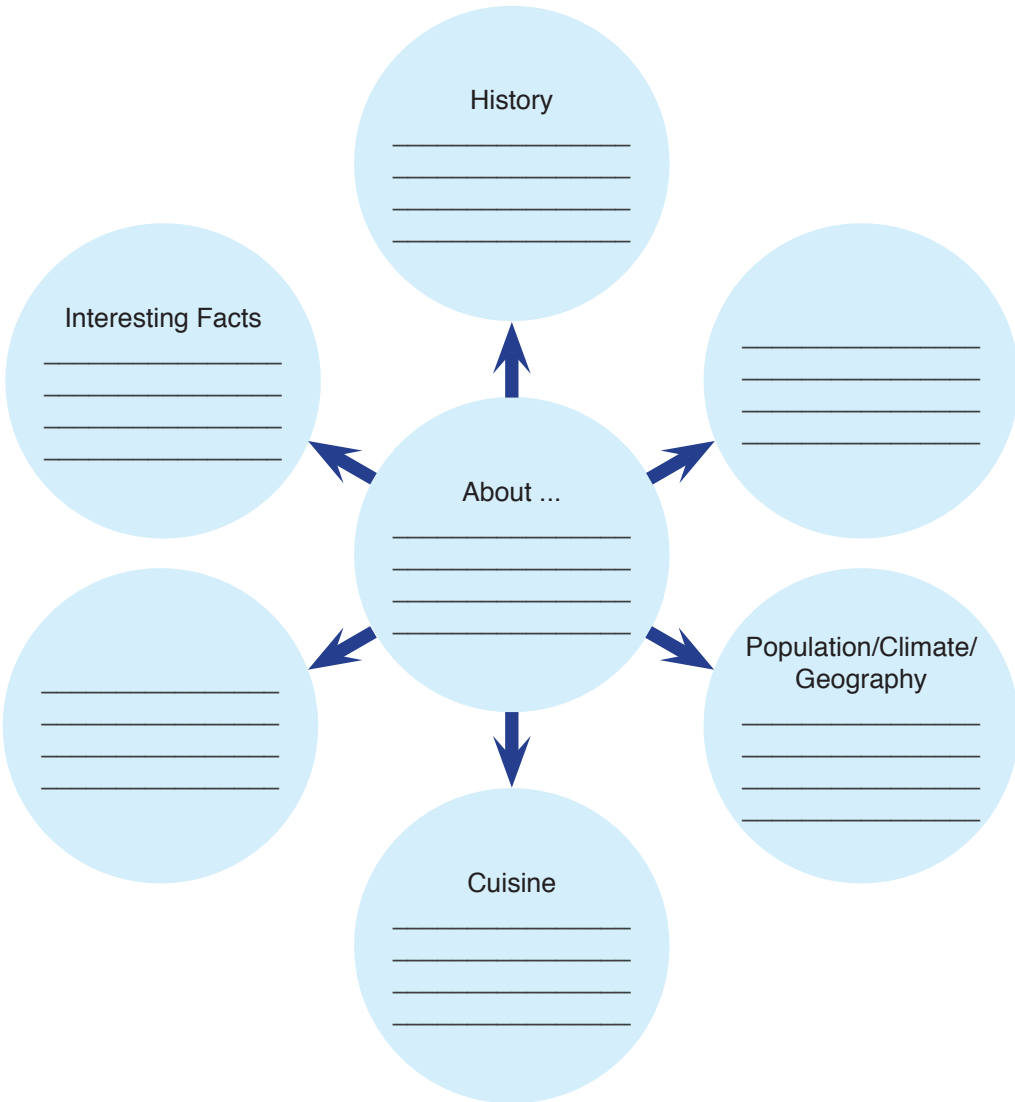
2 **Now, write the article on a piece of paper by organising your notes. Share it with the class.**

9D EXERCISE 3

1 **Organise the information about your hometown in the spider-map below.**

- Begin by giving basic details about your hometown in the middle section.
- Add two more titles to your booklet if you like.

E.g. Famous People, Famous Landmarks, Things to Do, etc.



2 **Organise your notes into a booklet on paper. Include some pictures of your hometown as well.**

3 **Share your booklet with your classmates.**

CLIL EXERCISE 4

1 **You must first choose a topic. Here are a few suggestions:**

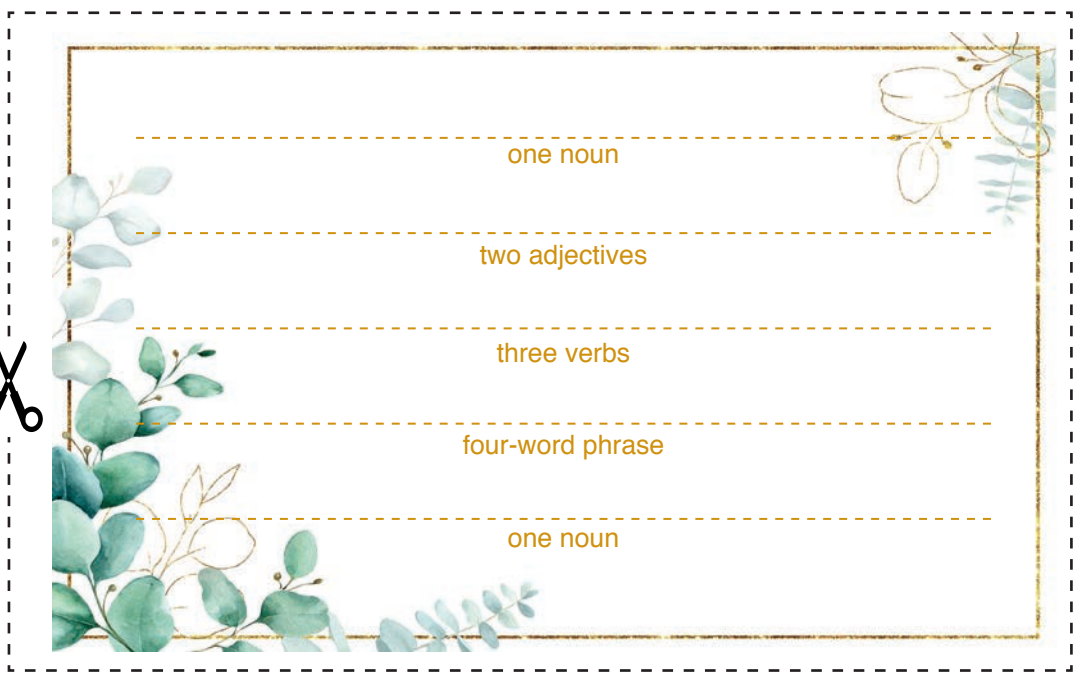
- Write about what you like best.
- Write about something you do not like.
- Write about something you can see around you.
- Write about an experience you've had.

2 **Follow the basic layout:**

Layout	Poem
line 1: one word (noun) title or subject	Spring
line 2: two descriptive words (adjectives) for the title	Green, vivid
line 3: three words (verbs ending in *-ing*) describing a related action to the title	Opening, rising, growing
line 4: a statement made up of four words that explain line 1	Shaking off winter's cold
line 5: a word that can be used in place of the title	Blossom

3 **Do not repeat any words used elsewhere in the cinquain.**

4 **Write your own cinquain in the space provided.**



5 **When you're done, cut out your poem and pin it on the class bulletin board.**

IRREGULAR VERBS LIST

Present	Past Simple	Past Participle
awake	awoke	awoken
be	was, were	been
beat	beat	beaten
become	became	become
begin	began	begun
bend	bent	bent
bet	bet	bet
bid	bid	bid
bite	bit	bitten
blow	blew	blown
break	broke	broken
bring	brought	brought
broadcast	broadcast	broadcast
build	built	built
burst	burst	burst
burn	burned/burnt	burned/burnt
buy	bought	bought
catch	caught	caught
choose	chose	chosen
come	came	come
cost	cost	cost
creep	crept	crept
cut	cut	cut
deal	dealt	dealt
dig	dug	dug
do	did	done
draw	drew	drawn
dream	dreamed/dreamt	dreamed/dreamt
drive	drove	driven
drink	drank	drunk
eat	ate	eaten
fall	fell	fallen
feed	fed	fed
feel	felt	felt
fight	fought	fought
find	found	found
flee	fled	fled
fly	flew	flown
forbid	forbade	forbidden
forget	forgot	forgotten
forgive	forgave	forgiven
freeze	froze	frozen
get	got	gotten
give	gave	given
go	went	gone
grow	grew	grown
hang	hung	hung
have	had	had
hear	heard	heard
hide	hid	hidden
hit	hit	hit
hold	held	held
hurt	hurt	hurt
keep	kept	kept
know	knew	known
lay	laid	laid
lead	led	led
learn	learned/learnt	learned/learnt
leave	left	left
lend	lent	lent
let	let	let
lie	lay	lain
lose	lost	lost
make	made	made
mean	meant	meant
meet	met	met
pay	paid	paid
put	put	put
read	read	read
ride	rode	ridden
ring	rang	rung
rise	rose	risen
run	ran	run
say	said	said
see	saw	seen
sell	sold	sold
send	sent	sent
show	showed	showed/shown
shut	shut	shut
sing	sang	sung
sit	sat	sat
sleep	slept	slept
speak	spoke	spoken
spend	spent	spent
stand	stood	stood
swim	swam	swum
take	took	taken
teach	taught	taught
tear	tore	torn
tell	told	told
think	thought	thought
throw	threw	thrown
understand	understood	understood
wake	woke	woken
wear	wore	worn
win	won	won
write	wrote	written

WORD LIST

THEME 1 FUTURE JOBS

by word of mouth (idiom)
culinary (adj)
grounded (adj)
hands-on experience (n)
innovative (adj)
inquire (v)
intern (n)
keep up with (phV)
mesmerising (adj)
response (n)
schedule (n)
scholarship (n)
take matters into your own hands (idiom)
vacancy (n)

THEME 2 PLANS

gifted (adj)
calligraphy (n)
cash in on (phV)
coding (n)
embroidery (n)
give up (phV)
letdown (n)
low-key (adj)
pastime (n)
pursue (v)
talented (adj)
upcycling (n)
uphill struggle
volunteer (v)

THEME 3 HARD TIMES

donation (n)
immigrate (v)
inspire (v)
last resort (idiom)
scholar (n)
shelter (n)
steady (adj)
struggle (n)
toss (v)
touching (adj)

THEME 4 WHAT A LIFE

accessible (adj)
acquire (v)
announce (v)
attack (v)
diagnose (v)
discover (v)
exhausting (adj)
journalism (n)
masterpiece (n)
recovery (n)
regrettably (adv)
release (v)
solitude (n)
sophisticated (adj)
surgery (n)

THEME 5 BACK TO THE PAST

ambitious (adj)
criticise (v)
dedicate (v)
embrace (v)
fulfilling (adj)
in hand (idiom)
keep (someone) posted (idiom)
nap (v)
priority (n)
put on (phV)
questionable (adj)
ramble (v)
regret (v)
turn up (phV)

THEME 6 OPEN YOUR HEART

alibi (n)
clue (n)
come clean (idiom)
compassionate (adj)
earth angels (n)
evidence (n)
get back (phV)
hug (v)
humanity (n)
interrogation (n)
kindness (adj)
be over the moon (idiom)
selflessly (adv)
suspect (n)
unthinkable (adj)
vendor (n)

THEME 7 FACTS ABOUT TÜRKİYE

acropolis (n)
bone-white (adj)
conservation (n)

cradle of (idiom)
date back to (idiom)
discover (v)
go beyond (phV)
influence (n)
invasion (n)
landmark (n)
remains (n)
settlement (n)
spectacular (adj)

THEME 8 SPORTS

accelerated (adj)
accomplish (v)
adrenaline junkie (n)
altimeter (n)
deploy (v)
freefall (n)
glimpse (v)
harness (n)
knee pads (n)
life-enhancing (adj)
no pain no gain (idiom)
show off (phV)
well-maintained (adj)

THEME 9 FRIENDS

co-founder (n)
conservative (adj)
devoted (adj)
display (v)
genius (adj)
have a soft spot for (idiom)
fundraiser (n)
humble (adj)
donation (n)
mastermind (adj)
notable (adj)
passionate (adj)
pay (v)
perspective (n)
raise (v)
surgeon (n)
treadmill (n)

THEME 10 VALUES AND NORMS

commuter (n)
culture shock (n)
custom (n)
difference (n)
etiquette (n)
forgiveness (n)
generosity (n)
honesty (n)
impact (n)
justice (n)
liberating (adj)
norm (n)
opportunity (n)
respect (n,v)
responsibility (n)
value (n)

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